



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

March 17, 2023

Message from the Principal

Dear Bobcat Families,

We made it through this week, despite the fatigue from the time change! Way to go, Bobcats!

Next week is a long awaited week at school: SPIRIT WEEK! ASB has planned for an exciting and fun week full of dress up days and activities. Please refer to the right, under ASB News & Student Activities for more information about this fun week. We are also in need of parent volunteers for our annual carnival a week from today. Please see more details under PTSA news.

Wishing all of you a wonderful weekend. Go Bobcats!!

Vicki Kim
Principal

Assistant Principal's Message

Academic Honesty

With a rise in instances of academic dishonesty in classrooms, please take a moment to review the [SDUHSD Academic Honesty Policy](#) with your student. Honest behavior is an expectation for all students at Carmel Valley Middle School. The purpose of the policy linked here is to create and maintain an ethical academic atmosphere. This information can also be found in your student's CVMS Handbook on page 12.

Reporting and Clearing Absences

Please remember that parents have 48 hours to clear a student's absence. After 48 hours any unverified absences will automatically be considered truant. Please allow up to 5 days

Upcoming Events

3/20 - 3/24	Spirit Week (See Activities Below)
3/21	End of 3rd Quarter
3/27	Late Start Monday
3/30	CVMS Talent Show

ASB News & Student Activities Happy St. Patrick's Day!

Spirit Week is coming Next Week! 3/20-24!!

We have dress up days every day and a fun lunch activity! See spirit week calendar below.

[Spirit Week Calendar](#) Be sure to see the [restrictions link](#) for our Anything But a Backpack Day on Tuesday!

Yearbook Photos needed: Parents - is your child participating in the CVMS Big 8 Spring Sports? Yearbook would like photos of soccer, basketball, and track and field. Please submit yours to cvyearbook@sduhsd.net before March 20. We know it's early, but our final deadline is that week.

Yearbook Orders: We are down to our final 30 to sell for the 2022-2023 school year. If you still haven't purchased one, buy yours at [Jostens](#).

PTSA News

Are You Ready to Serve Next Year? A number of parents have already reached out to the PTSA Nominating Committee expressing interest in our 12 open board positions next year. Thank you! There are still 7 positions to fill. If you are unable to commit to a year-long board position, please consider chairing a committee for one project instead. Contact cvms.nomcomm@gmail.com with any questions or for more information about

for absences verified by parent/guardian note, phone call, email, Off-Campus Permit, or school official to be reflected in Aeries records. For more information regarding school attendance, please find them in our SDUHSD Board Policy, [linked here](#).

Loss of Privilege List

This past week, a [presentation](#) was made to 8th grade students informing them of the CVMS Loss of Privilege list. As we approach the end of the year 8th grade activities (yearbook signing dance, Knott's Berry Farm trip, Promotion) the LOP list is in place to have a mitigating effect on misbehavior from March 1 to May 26, 2023. Students received this flier to provide information about the LOP. If you have any questions, please do not hesitate to reach out to nathan.molina@sduhsd.net or patricia.pike@sduhsd.net.

Nathan Molina
Assistant Principal

Counseling Update

We are continuing to collect course selection forms for our current 7th graders. If they have not turned in their signed copies yet, please have them do so ASAP.

Incoming 7th graders can now use the AERIES portal to select online classes, so if you have a current sixth grader, or know someone who does, please make sure that course selection information is completed by Monday March 20th.

The SDUSHD will continue to offer an online schooling option, called OLP, for the next school year. The window for enrolling in OLP classes for next year will begin March 20th and close March 31st at 4:00. For more information, FAQ and registration information, please see the district's [OLP website](#).

General News & Info

Attention 7th Grade Parents - The **Science Olympiad** program at CVMS has started the students/volunteer recruiting for the 2024 season. For more information please either use the [google link](#) or QR code below.

specific roles of committees.

Carnival Helpers Needed for March 24 - ASB is looking for volunteers! Come help out during this fun afternoon of carnival style games for students. This event is on the blacktop so there is a lot of sun. Volunteers are welcome to bring their own umbrellas if they want, hats and sunscreen are recommended. Water will be provided. [Click here](#) to sign up.

CVMS Talent Show - March 30

It's time for your Bobcats to show their talents and shine like a star! Carmel Valley Middle School invites you to the most awaited event of the year - The Talent Show! This is a free event for students to participate and families to attend. 5:30 - 7:30 pm in the PAC. Click here to download the [flier](#).

Staff Appreciation Week -Volunteers Needed

Staff Appreciation Week occurs May 1-5, 2023. The parent committee will begin planning the theme, meals, activities, etc. in March. Please reach out to cvms.president@gmail.com if you'd like to help!

Music Boosters

Thank you for attending this week's Coffee Concerts. We will see you at our final performances of the school year!

Wednesday, May 24

- **CVMS Orchestras**

Thursday, May 25th

- **CVMS Bands**

Donate to CVMS Music Program and help us reach our \$20,000 Goal!: Give the gift of music this Holiday Season! The Music Boosters rely on parent donations to ensure that the art of music is available to all CVMS students for years to come.

Music for information incoming 7th graders can be found [here](#)

Thank you to everyone who has donated to our amazing music program at CVMS so far this school year! Your support enables students to have a robust music program like no other! [Click here!](#)

Shop at Ralphs and give to the CVMS Music Boosters: Ralph's is Giving Back to Our Communities! It's Easy... just shop, swipe your card & earn! For more info [click here](#).

SCAN ME



Volunteers: The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Corporate Matching: Many companies in the area offer a corporate match for its employees' charitable contributions. Please consider inquiring whether your company may provide a corporate match to your tax-deductible 501c contribution to CVMS Music Boosters. For any questions please email Tamila Leychkis: treasurer@cvmsmb.org.

As always, if you have any questions or concerns about the CVMS Music Program, contact Mr. Patterson at alexander.patterson@sduhsd.net or if you have questions about the CVMS Music Boosters and how to volunteer, contact Marisela Abasta at president@cvmsmb.org

Repeated News

Congratulations to CVMS Science Olympiad!

CVMS Science Olympiad teams secured 2nd place overall at the San Diego Regional Science Olympiad competition last weekend at Miramar College, among all San Diego local middle and elementary schools that participated in Division B. Several CVMS students secured first place in their respective events and many others earned one of the top 10 spots in almost all events they participated in. We will have a CVMS team to move on to the State Competition in April! We are so proud of our Bobcats, Head Coach Xiangfei Ma, and all the event coaches and volunteers for their hard work, dedication, and love for science! Go Bobcats!

Congratulations CVMS Math League!

Congratulations to our Math League students, who have done extremely well in the Mathcounts San Diego Chapter. Among 19 middle schools, only the top two school teams in San Diego advance to State Competition, and our 4-student Team placed 2nd so we will advance to the California State Competition! All students have had impressively high scores. Special congrats to Dylan Kim, Alex Chen, and Sepehr Golefidy who made the top 16 highest scores in San Diego, among ~200 students! Way to go Math League Bobcats and good luck at the State Competition!!

Good luck to CVMS Science Olympiad this weekend at their Regional Competition!

Please consider adding CVMS 858-481-8221 as a contact on your cell phone.

That way you will recognize the number when we call you and in case of an emergency it would save time.

Spirit Wear: If you are in need of any Spirit Wear items please check out [1st Place Spiritwear](#) who we have partnered up with for the many selections on sale for your student. 20% of all sales come back to CVMS.

Health Note: Cold and flu season is here! And the number of COVID positive cases at CVMS and throughout the district are increasing.

Help keep your child and family healthy with these few tips:

- *get a flu vaccine each year
- *cover your mouth with a tissue when coughing or sneezing, or if no tissue, use upper part of sleeve
- *wash your hands with warm soapy water often OR use hand sanitizer if no water/soap is available
- *wipe doorknobs and surfaces with household disinfectant as flu virus can live on surfaces for 24 hours

***STAY HOME** when you are sick and if you have a temperature over 100 degrees. You must be fever free for 24 hours without the aid of fever reducing medication before returning to school.

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year.

Students may NOT carry any medication on campus (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. ***Students should NOT make arrangements to go home by calling or texting their parent(s) from class.*** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. ***For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: cv.healthoffice@sduhsd.net***

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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3800 Mykonos Lane
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