



# Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

September 10, 2018

## Message from the Principal

Dear Bobcat Families,

We are so excited to have one of the best weeks of the year - Welcome Week! This week, we will have activities for students every day to officially welcome them to Carmel Valley Middle School and to help them meet new people. All students, including those without a 5th or 6th period, are required to be in attendance for the assembly on Tuesday, so please check the schedule link on the right. We also recommend that students who do not have afternoon classes stay through lunch all week so that they may participate in the Welcome Festivities.

Mark your calendars for our Back to School Night on Wednesday, September 12 beginning at 5:30 pm. This is the opportunity for you to follow in your child's footsteps through their middle school classes. You will have the opportunity to meet each of your child's teachers and hear a little about the class. You should have also received an email about this night on Friday. On Tuesday, your child will come home with a reminder letter as well as a class schedule that they have filled out for you. Please be sure to ask your child for this on Tuesday after school.

On a different but important note, please help us keep our students safe by reminding them not to jaywalk across Carmel Creek Road and Mykonos Lane.

Wishing you a great welcome week,

*Vicki Kim*  
Principal  
GO Bobcats!!

## Upcoming Events

Mon 09/10	<b>HOLIDAY - NO SCHOOL</b>
Tues 09/11	<b><u>Assembly Block Day</u> - Periods 0.1.3.5</b> Welcome Week Assembly - Kick Off ASB Fundraiser Color Day - match your bracelet! <b><i>PJ Day - Wear your PJ's to school!</i></b>
Weds 09/12	<b>Even Day - Periods 0.2.4.6</b> Club Day - Lunch <b><i>Back to School Night 5:30 p.m.</i></b>
Thurs 09/13	<b>Odd Day - Periods 0.1.3.5</b> Obstacle Relay Race - Lunch
Fri 09/14	<b>Even Day - Periods 0.2.4.6</b> "What would you do for a Klondike Bar?" - Lunch Bobcat Spirit Day-Wear Green & Gold!
Mon 09/17	<b>Single Period Day</b> Picture Make Ups in the Gym 7:30-10:30 a.m. Dance Tickets on Sale
Tues 09/18	<b>Odd Day - Periods 0.1.3.5</b>
Weds 09/19	<b>Even Day - Periods 0.2.4.6</b>
Thurs 09/20	<b>Odd Day - Periods 0.1.3.5</b>
Fri 09/21	<b>Even Day - Periods 0.2.4.6</b> Book Signing by JC Cervantes

## ASB News & Student Activities

### Dates to know:

Welcome Week - September 11th-14th  
Kick off Assembly ASB Fundraiser - Sept. 11th  
Club Day - September 12th  
Back to School Night - September 12th  
Math League Informational Night - Sept. 13th  
Picture Make up - September 17th  
Dance Tickets on Sale - September 17th  
Author Signing - JC Cervantes - September 21st

## General News & Info

Please note that there will be **NO SCHOOL ON MONDAY, SEPTEMBER 10**. We hope you and your students enjoy the long weekend!

### BACK TO SCHOOL NIGHT

On **Wednesday, September 12, 2018**

Carmel Valley Middle School will host our annual **Back-to-School Night** beginning at **5:30 pm**. You will be able to visit informational tables in our Quad Area to start the evening, and then we will have a [Welcome and Introduction at 5:45 pm in the Quad Area](#). We look forward to seeing you on Back to School Night!

**Nutrition Break** - The middle school years are an important time in a child's growth & development. To be their best, they should eat breakfast, lunch and dinner accompanied by healthy snacks. **Every day, students are provided a Nutrition Break in the morning**. We encourage students to bring a healthy snack to eat during this time so they are not distracted by being hungry while in class. Students at this age also sometimes get into the habit of not eating lunch. **Please encourage your child to eat lunch at school** by putting money into their Nutrition account either [online](#) or through the envelopes in the office, or have them bring a healthy lunch to school. For more information about our **Nutrition Services program** and to apply for the Free and Reduced Lunch Program, [click here](#).

**FALL SPORTS** - It's that time of year again! The Boys & Girls Club hosts the athletic programs for CVMS. Tryouts will be held on September 11th, 13th and 17th after school for flag football, girls volleyball, golf and cross country. Please visit the [Boys & Girls Club website](#) for all dates and specifics. You must register before the tryouts through the [Boys & Girls Club link](#). Don't miss out on being a part of a school team and representing CVMS this year!

First Dance - September 27th

**WELCOME WEEK** will be September 11-14 and is a week to welcome students back to school. We encourage students to meet new friends with different colored bracelets throughout the week. We also will have a lot of fun activities planned during lunch for students to participate in including Club Day on Wednesday and some fun competition with teachers and staff Thursday and Friday!! It should be a fun week for students and staff!

### ASB FUNDRAISER

Our biggest fundraiser of the year, the [CVMS Step It Up fundraiser](#) will kick off on Tuesday, September 11th and we need your help! We know that parents and students are busy, and that is why we want to make the fundraiser as EASY and SUCCESSFUL as possible. Our entire STEP IT UP fundraiser can be completed in TEN MINUTES or less! Yes, really!!! The most important thing you can do to support our school is to help your child complete the first night email campaign "Homework Assignment" that they will bring home from the assembly tomorrow. To get our fundraiser off to a great start, we are asking each and every family [to REGISTER](#) and SEND OUT AT LEAST 10 EMAILS to friends and family, enlisting their support. Don't forget to ADD YOURSELF so that you, too, can donate online! All donations are processed via PayPal, so they are safe and secure, and the emails you send will only be used for this fundraiser (not saved for any other purpose). While you have until the end of our fundraiser to raise money and qualify for the various prizes and events, this First Night Email Homework Assignment will not only earn your child some fun BONUS PRIZES, but will help us get off to an amazing start! Thank you for your support!

Money raised from this fundraiser will benefit all school activities such as Assemblies, Welcome Week, Red Ribbon Week, Spirit Week, Dances and more. We also are able to help with subscriptions in the Learning commons and with chrome carts. We are committed to student connectedness here at CVMS and your donation helps connect all students to school!

## ACADEMIC POWER HOUR

Academic Power Hour will begin on Tuesday, September 11th. If your student needs any assistance in their subjects, this is the place to go. APH is held every Tuesday and Thursday from 3:05-4:00 pm in the Learning Commons and is open to all students. Encourage your student to stop by next week and get all the assistance they need.

## CVMS ATTENDANCE

If your student will be leaving campus early with an off-campus pass and they are walking or biking, please notify the Attendance Office with authorization for them to do so when you call or email regarding their early departure.

**Email:** [cvattendance@sduhsd.net](mailto:cvattendance@sduhsd.net)

Phone: 858.481.8221 x3011

## ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the health office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: Fever has subsided, vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 X3014 or email her at: [susan.vieira@sduhsd.net](mailto:susan.vieira@sduhsd.net)**

## BOOK SIGNING

**On September 21st JC Cervantes is coming to CVMS!**

### EXCLUSIVE AUTHOR SIGNING

On Friday 21st September author CJ Cervantes will be visiting CVMS. Students will be able to buy copies of her new book, [\*The Storm Runner\*](#) (\$15), and get them signed and personalized. Also available are signed paperback copies of her first novel, [\*Tortilla Sun\*](#) (\$6). Students wishing to pre-order these exclusive signed books should see Mr. Richards in the Learning Commons.

CVMS collects [Box Tops for Education](#) in the month of February to raise money to support the CVMS Tech Drive. We encourage families to start saving them now to help us reach our goal of raising \$2000.00 for continuing technology for CVMS! A contest will be held through our student's 4th period classes with prizes going to the winning classes!



## PTSA News

Your CVMS PTSA needs you! With your support, we provide our students the tools they need to learn and succeed, and opportunities to explore and build community outside the classroom. We also support our amazing teachers and staff with supplies and more. For information on how to help support our students and be a part of the CVMS PTSA, go to [www.cvmsptsa.com](http://www.cvmsptsa.com). THANK YOU to all the families who have already joined and donated for the 2018-19 school year!

## Parent Volunteers for Student Crossing

We're looking for parent volunteers to help students crossing the parking lot after school, from 3:05-3:15. Click [here](#) for more information.

## REFLECTIONS: IT'S ALL ABOUT THE ARTS

**"Heroes Around Me"**-That's the theme for the 2018-2019 Reflections Art Program. **Reflections** promote creative talents, artistic expression, the experience of creating art, critical-thinking skills and recognition. All students are invited to participate and submit original artwork in one of six areas:

- Dance Choreography
- Literature
- Photography
- Film Production
- Music Composition
- Visual Arts

For more information

[www.cvmsptsa.com/reflections](http://www.cvmsptsa.com/reflections)

**CVMS Math League - Information night** on Thursday, September 13th from 7:30 pm to 8:30 pm in the CVMS PAC for all interested parents and students.

**SPIRIT WEAR FOR SALE**

**REVERSIBLE PULL-OVER or ZIP-UP SWEATSHIRT \$35.00**

**These can be purchased through the [ASB Webstore](#), or at the Finance Window.**

**RESOURCES & LINKS**

**[CVMS Website](#)**

**[CVMS Bell Schedule](#)**

**[SDUHSD Website](#)**

**[CVMS Calendar](#)**

**[CVMS PTSA](#)**

**[CVMS Special Education Resources](#)**

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