



Dear SDUHSD Families,

The San Dieguito Union High School District and Torrey Pines High School proudly welcome Tyler Durman on **Tuesday, March 27, from 6:30 - 7:45 pm** in the TPHS Gym. Tyler's presentation, "[Bite Sized Wisdom for Parents - Parenting a Teenager](#)," will be covering overall student wellness and relevant issues for parents of current students. This night will provide our parent community with practical tips on how to equip children with social and emotional balance.

In addition, there will be an assortment of resources available during a **Wellness Fair from 5:30 - 6:15 pm** in the area adjacent to the entrance of the gym.

Tyler Durman
March 27, 6:30 - 7:45pm @ TPHS Gym

The San Dieguito Union High School District
is Proud to Present...

COUNTERINTUITIVE

A 75 MINUTE
PARENTING EVENT
THAT OFFERS
**HELP, HOPE
AND LAUGHTER.**

Tyler Durman, who has spoken to more than 4 million teenagers, will give proven wisdom and real answers to help our relationships at home, even if they're currently strained. He'll make us laugh while bringing clarity to specific struggles like how to deepen our kid's respect even while we withhold freedom they think they're ready for.

TYLER'S LATEST BOOK IS NOW AVAILABLE AT [AMAZON.COM](#)

[BITESIZEDWISDOM.COM](#)

WHY? Because you deserve a great relationship with your child through the teen years!

WHERE: Torrey Pines High School WHEN: Tuesday, March 27th, 2018

TIME: 6:30 - 7:45pm QUESTIONS? Call (858) 755-0125

To assist us with planning, we ask that you please reply at [RSVP for TPHS Parent Night](#).