



# Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

January 6, 2019

## Message from the Principal

Dear Bobcat Families,

Happy New Year! We hope that you were able to spend some quality time with family and friends, and that you were able to get some rest after the business of the holidays. We are looking forward to a wonderful 2019 with our Bobcat family!

Our Wellness Theme for the month of January is: **KINDNESS**. Our challenge to all Bobcats this week is to "Be Kind to Your School" by picking up after yourself, saying hi to peers and staff, and giving someone a friendly Bobcat "Grrrrrr"! As there are also other ways to be kind to your school, we welcome students to be creative with this challenge of being kind to your school!

Also in January, we want to support our 8th grade students and families as they prepare for the process of high school selection in February. Parents are invited to attend the "High School and Beyond" presentation with our counselors on January 10 at 6:00 pm where we will share general information about high school, and are also invited to attend the Coffee with the Principal on January 16 at 8:45 am where Torrey Pines High School principal, Rob Coppo, and Canyon Crest Academy principal, Brett Killeen, will share more specific information about their respective schools. Counselors will present information to 8th graders in Science classes over the next couple of weeks as well. You can find more information about the [SDUHSD High School Selection process here](#).

Hopefully, you already have your calendars marked for these January events:

National Blue Ribbon Ceremony Celebration: Tuesday, January 15th at 12:05 p.m. We will

## Upcoming Events

|            |  |
|------------|--|
| Mon 1/7    | <b>LATE START</b>  |
| Tues 1/8   | <b>Odd Day - Periods 0.1.3.5</b>   |
| Weds 1/9   | <b>Even Day - Periods 0.2.4.6</b>  |
| Thurs 1/10 | <b>Odd Day - Periods 0.1.3.5</b><br><i>High School &amp; Beyond 6:00 pm</i>          |
| Fri 1/11   | <b>Even Day - Periods 0.2.4.6</b>  |
| 1/14-1/18  | <b>Kindness Week</b>   |
| Mon 1/14   | <b>Single Period Day</b>   |
| Tues 1/15  | <b>Assembly Block Day</b><br>Blue Ribbon Award Ceremony 12:05<br>Wear Blue to School |
| Weds 1/16  | <b>Even Day - Periods 0.2.4.6</b><br>Coffee with the HS Principals<br>8:45 a.m.      |
| Thurs 1/17 | <b>Odd Day - Periods 0.1.3.5</b><br><i>School Dance 5:30 - 7:30 p.m.</i>             |
| Fri 1/18   | <b>Even Day - Periods 0.2.4.6</b>  |
| Mon 1/21   | <b>HOLIDAY - NO SCHOOL</b><br><i>Martin Luther King, Jr. Day</i>                     |

## ASB News & Student Activities

ASB will host **Kindness Week** from 1/14 to 1/18 with activities each day promoting Kindness to one another.

**Junior Optimist Club** - The Optimist Club of Del Mar - Solana Beach is hosting its annual **Essay Writing Contest**. Previous winners have been CVMS students!

**Purchase a Yearbook Now**

begin with a short ceremony and presentation of the award and will continue to celebrate with our students through the two lunch periods ([Assembly Block Day Schedule](#)) with music from our DJ and other fun activities.

The postponed dance party has been rescheduled to Thursday, January 17th from 5:30-7:30 p.m. All previously purchased tickets can be used for this dance party, and we will be selling more tickets this month.

Wow, January is already looking to be quite the busy month! What an exciting time for our Bobcats! Looking forward to seeing you tomorrow; a gentle reminder that it is a late start day (period 1 begins at 10:00 a.m.).

Have a great week,

*Vicki Kim*  
Principal  
GO Bobcats!!

## General News & Info

### Coffee with the HS Principals *January 16 at 8:45 a.m.*

Join us for Coffee with the Principals at 8:45 am on January 16 to hear more about high school from the Torrey Pines Principal, Robert Coppo, and the Canyon Crest Principal, Brett Killeen. They will present information on high school in general as well as differences between the two schools. This is a great opportunity for 8th grade parents. We hope to see you there!

## Counseling News

### High School & Beyond Presentation *January 10 at 6:00 pm for 8th grade parents*

This Thursday night, the counselors will host a Parent Information session for 8th grade parents at 6:00 pm in the PAC. This session will explain basic information you will need to know when your child goes to high school. This information is helpful no matter which school your student will choose after middle school. All 8th grade parents are invited to attend! 8th grade students will receive this information via their classes as well.

**Private school recommendations:** If you are an 8th grade parent and your student is needing

Don't have your student be left behind without a school yearbook. We have a very limited number of yearbooks for sale this year and the cost is still at the discounted price of **\$55.00 until February 1st**. The price will increase to \$65.00 afterwards. Yearbooks can be purchased at the Finance Window or online through the school webstore.

**CVMS collects [Box Tops for Education](#) in the month of February to raise money to support the CVMS Tech Drive.** We encourage families to start saving them now to help us reach our goal of raising \$2000.00 for continuing technology for CVMS! A contest will be held through our student's 4th period classes with prizes going to the winning



classes!

## PTSA News

[Follow us on Facebook!](#) Stay up to date with CVMS events and all things PTSA.

### The Julia Robinson Math Festival is back!

This fun, non-competitive event features problem-solving and fun math and logic games for late elementary-high school students. Friday, Jan 11, 5-8 pm, PAC. [More information here.](#)

**PTSA Association Meeting** immediately following the Coffee with the High School Principals on 1/16 (approximately 10 am). Please join us!

**Giving Paws** Classroom Supply Drive is coming at the end of the month! Stay tuned for more information.

## CVMS Music Notes

**Our CVMS Band will be doing a National Anthem Performance for San Diego Gulls Game & Fundraiser Feb. 6th - Don't miss it!!**

Tickets are \$20 and can be purchased in the front office with Ms. Roberta. A portion of the proceeds are going back to our music programs. For more information, please [click here](#).

references for a private school as a 9th grader, please direct any transcript and administrator/counselor requests to Tracy Ngo, our Counseling Secretary. If you are using an on-line recommendation system, please email Tracy at [Tracy.Ngo@sduhsd.net](mailto:Tracy.Ngo@sduhsd.net) so that she can be aware of any schools that will be sending requests/recommendations to her and can begin to assemble needed information. Please be sure that you have signed the exchange of information included as part of the application so that we are able to send transcripts. Any teacher recommendation requests can be sent directly to the individual teacher. Please be sure to allow enough time for a thoughtful recommendation to be completed. Please know that transcripts will not be sent out until the end of the first semester so that first semester 8th grade grades are included.

**Moving?** If you are planning to move at the end of the semester, we wish you well and are glad you were able to be part of our Bobcat Family. Please be sure to notify Tracy Ngo as early as possible prior to your student's last day of attendance for a smooth transition from CVMS.

### Wellness News

We are happy to announce that the Wellness Theme for January is KINDNESS. It is important to be kind to others and yourself to boost your emotional and mental health. Here are the challenges each week:

- Week 1 - Be kind to your school
- Week 2 - KINDNESS WEEK
- Week 3 - Be kind to your community
- Week 4 - Be kind to yourself

### Farmers Insurance Open - Discounted Golf Tickets Available! January 23-27, 2019

Torrey Pines Golf Course  
Discounted (any) 1 day tickets for \$35 each (regularly \$65 each) available now! There is only a limited number of tickets available, so act now. Sales benefit our CVMS Music Program – we get \$25 for every ticket sold to buy instruments, sheet music, music stands and support trips!

Please go to the following link to purchase tickets:

<https://www.cvmsmb.org/product-page/discounted-farmers-open-tickets> .For any questions

please email Kathia Zamora at

[President@cvmsmb.org](mailto:President@cvmsmb.org).

### Donate to CVMS Music Program today

Thank you to everyone who has donated to our amazing music program at CVMS so far this school year! Your support enables students to have a robust music program like no other!

### Corporate Matching

Many companies in the area offer a corporate match for its employees' charitable contributions. Please consider inquiring whether your company may provide a corporate match to your tax-deductible 501c contribution to CVMS Music Boosters. For any questions please email Neetu Agarwal at: [treasurer@cvmsmb.org](mailto:treasurer@cvmsmb.org).

### **NEED A HOLIDAY GIFT FOR YOUR STUDENT?**

#### **CONSIDER PURCHASING A CVMS**

**REVERSIBLE PULLOVER or ZIP-UP SWEATSHIRT FOR \$35.00**

**These can be purchased through the [ASB Webstore](#) or in the front office!**

### RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

**SDUHSD Website**

**CVMS Calendar**

**CVMS PTSA**

**CVMS Special Education Resources**

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