



# CVMS Bell Schedule 2022-23

**CVMS Office Hours**  
 7:30-3:30 pm  
 Phone: 858-481-8221  
 Fax: 858-481-8256

**On Mondays students attend all classes, called a "Single Period Day". Every other Monday is a Late Start to allow for collaboration for teachers.**

**On Tuesday & Thursday students attend periods 1-3-5, called "Odd Days". On Wednesday & Friday students attend periods 2-4-6 days, called "Even Days".**

Monday - Single Period Days	
Period 1	8:15 – 9:05 am
Period 2	9:10 – 9:58 am
<i>Nutrition (10)</i>	<i>9:58 – 10:08 am</i>
Period 3	10:13 – 11:01 am
Period 4	11:06 – 11:54 am
Advisory	11:54 -12:24 pm
Lunch (35)	12:24 – 12:59 pm
Period 5	1:04 – 1:52 pm
Period 6	1:57 - 2:45 pm

Tues/Thurs	Block Periods
Period 1	8:15 -9:55 am
<i>Nutrition (10)</i>	<i>9:55 – 10:05 am</i>
Period 3	10:10 – 11:50 am
PAW	11:55 – 12:25 pm
Lunch (35)	12:25 – 1:00 pm
Period 5	1:05 -2:45 pm

Monday – Late Start Collaboration	
<i>Collaboration (90 min)</i>	<i>8:15 - 9:40 am</i>
Period 1	9:45 - 10:25 am
Period 2	10: 30 - 11:10 am
Period 3	11:15 - 11:55 pm
Lunch (35)	11:55 - 12:30 pm
Period 4	12:35 - 1:15 pm
Period 5	1:20 - 2:00 pm
Period 6	2:05 - 2:45 pm

Wed/Fri	Block Periods
Period 2	8:15 -9:55 am
<i>Nutrition (10)</i>	<i>9:55 – 10:05 am</i>
Period 4	10:10 – 11:50 am
PAW	11:55 – 12:25 pm
Lunch (35)	12:25 – 1:00 pm
Period 6	1:05 -2:45 pm

Minimum Day Schedule (12/22 & 6/2)	
Period 1	8:15 – 8:55 am
Period 2	9:00 - 9:35 am
Period 3	9:40 - 10:15 am
<i>Nutrition (10)</i>	<i>10:15 - 10:25 am</i>
Period 4	10:30 - 11:05 am
Period 5	11:10 - 11:45 am
Period 6	11:50 - 12:25 pm

Assembly Block Days (TBD – 1 per semester)	
Period 1	8:15 - 9:55 am
<i>Nutrition (10)</i>	<i>9:55 - 10:05 am</i>
Period 3	10:10 - 11:45 pm
7th Gr Lunch/ 8th Gr Assembly	11:45- 12:25 pm
<i>8th Gr Lunch/ 7th Gr Assembly</i>	12:25 - 1:05 pm
Period 5	1:10 - 2:45 pm

PAW – Productive Academic Work

**\*\*All ISPE students will be required to attend PAW time and All Assemblies.**