

Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District



CVMS Weekly Newsletter for Friday, December 1, 2023

Message from the Principal

Dear Bobcat Families,

My first week back at CVMS since 2021 has me feeling energized and inspired. Spending time with students, staff, and families this week served to remind me of just how special CVMS really is. It's a place where students can explore, grow, and flourish under the careful guidance of an expert staff committed to their success, supported by a community who believes in the hard work we do. We are a school that strives to match our strong academics with the support and care that our students need and deserve. I am excited to return to this community and I look forward to working together to provide our students with an unparalleled middle school experience.

Just this week, four CVMS students were accepted into the California All-State Band and Orchestras. For those of you that don't know, these are audition-based ensembles that accept the top student-musicians enrolled in a public school music program in our very large state. Avo Lo, Yuichiro Sano, Sora Ogawa, and Leo Park will be representing CVMS in Sacramento in February. We are so very proud of our Bobcats!

As we move into December, I'm reminded that the winter months are a time of reflection and celebration for many of our CVMS students and families. The next three weeks, leading up to the end of the semester and Winter Break, are sure to fly by. Though it is a busy time of year, I hope that many of you will find the time to attend my first Coffee with the Principal on December 7th, from 8:30-9:30 AM. I can't wait to share all of the wonderful things happening at CVMS.

Have a great weekend! Go Bobcats!

Adam Bishop
Interim Principal

CVMS Upcoming Events

12/4-12/8	Holiday Gift Drive
12/7	Therapy Dogs at Lunch
12/7 - 12/15	Book Fair
12/8	Coffee with our NEW Interim Principal - Mr. Adam Bishop
12/11	Late Start
12/13 - 12/14	Holiday Concerts 6-7:30 pm
12/18 - 12/21	Festival Holiday Gear Week
12/21	Minimum Day - School ends at 12:25 p.m.
12/22-1/9	No School - Winter Break
1/10	Single Period Day

Every Tuesday and Thursday	Academic Power Hour for <u>Tutoring</u> 2:45-3:45 in the Learning Commons (Learning Commons is open for all students until 3:45 every day)
-----------------------------------	--



Donate to Carmel Valley Middle School Today!

cvmsptsa.square.site/fundraiser

Assistant Principal's Message

It's been a great first week back from fall break! While most students have quickly regained their rhythm in the classroom, there has been an uptick in reports of inappropriate computer use on campus. As they get back to work and make a final push to the end of the semester, please remind your student(s) of the expectations around use of their district issued Chromebook.

Below is language outlined in the CVMS Student Handbook:

TECHNOLOGY USE POLICY

All students and parents/guardians sign an Acceptable Use Policy (AUP) for technology use on campus. Any violations of the AUP are subject to disciplinary action. The following are major areas covered in the AUP.

- Students use appropriate language, manners and ethics when accessing technology*
- Students report problems, abuses, or misuses of technology resources to your teacher, counselor or an administrator.*
- Students cannot access others' email accounts.*
- Students cannot attempt to bypass or alter computers or our network.*
- Students cannot bypass restrictions regarding technology use.*
- Students cannot use school computers for:*
 - Gaming*
 - Commercial purposes*
 - Illegal activities*

Thank you for supporting our efforts to keep Chromebook and computer use focused on school related activities.

Nathan Molina
Assistant Principal

Counselors' Corner

As we near the end of the first semester (December 21st), the final D/F grade notification for the semester will be available to view on the AERIES portal on Tuesday, December 5th. Please use the "grade tab" rather than the gradebook that you normally may use to view grades. This is also a great opportunity to help your student finish strong for the semester, even if their grades may not have been what you expected. For the remaining weeks of the semester, focus on progress rather than perfection. It's important for our Bobcats to build momentum as we end the semester and carry it forward as they start with a clean slate in January.

There are a limited number of spaces available for students wanting to switch to the OLP (online learning platform) for second semester. Please use this link for [more information and to add your name to the OLP interest list](#).

Please remind your student to sign up for our December 7th Career Speaker Series. They can hear from Scott MacInnis, Aeronautical Operations Manager for Northrop Grumman or Captain Manny Del Torro of the SDPD, both back by popular demand. Plenty of space is available but students need to sign up using the learning commons google classroom.

Eighth grade families, high school selection is right around the corner. Please use this link to see [important information about high school selection dates and timelines](#). There are also links for specific school websites where they have information regarding school tours that you may want to take advantage of. You have several excellent options, so please be sure that you are making an informed decision and learning all you can about each school. We strongly encourage families to attend information nights for both CCA and TPHS, even if you may be leaning towards one school or the other. These nights will give you a great picture of the things that are common and unique to both schools.

ASB + GENERAL NEWS

CVMS Book Fair The CVMS Book Fair will run from December 7th to 15th. Families can access our [Book Fair website now](#). This website includes access to eWallet, a program which allows family members and friends to place money for books in a digital account for their student. Happy reading!

Hearing and Vision Testing: All 8th grade students will undergo a quick vision and hearing screening by our district nurse in the month of November/December. This is a mandated screening by the state of California and is pre-arranged with teachers to limit time away from the classroom. If you do not wish to have your child participate, please complete an [opt-out waiver form](#) and return to the school Health Office.

ASB Activities and Updates

Winter Wonder Grams will be on sale starting Dec. 11th at lunch in front of the finance window for \$1.00. All grams will be delivered on Dec. 21st during 4th period.

Get out your **Festive Holiday Gear!** Dec. 18-20 we are encouraging students to show their holiday spirit and wear festive holiday gear!

Math League Sign Ups for AMC 10A and AMC 10B

Please use the links below and register for the AMC 10 A and AMC 10 B.

AMC 8. Jan 24:

<https://maa.edvistas.com/datamate/testRegister.aspx?id=f587a1b0-0c6c-4cd9-9314-adf63b832a03>

Please make sure that students know their username and password. On the day of the competition, they have to login and take the exam.

Lost & Found Items in bin: Please stop by the administration office to see if any lost & found items are yours. There are many water bottles, jackets, sweaters & miscellaneous items that need to be claimed prior to the holidays when at that time all items will be donated.

Yearbooks!! We only have 200 remaining to sell - go to Jostens.com to buy yours today!

Yearbook wants your photos! We would love your Halloween, pets, and CVMS fall sports photos. Please submit photos [here](#). You can also email them to cvyearbook@sduhsd.net

8th Grade Student Recognition ads for this year's yearbook can be purchased now at this link. We only have space for eight more! You may purchase multiples if you'd like your ad to be larger than 1/8 page.

Free ESL classes for the spring term starting in January. Classes will be hosted at both OCMS and CVMS. For more information [click here](#).

CVMS Resources and Links

[CVMS Website](#)

[CVMS Bell Schedule](#)

[CVMS Calendar](#)

[SDUHSD Website](#)

[CVMS PTSA](#)

Carmel Valley Middle School
3800 Mykonos Lane
San Diego, CA 92130

Website: cv.sduhsd.net
Phone: 858-481-8221
Fax: 7858-481-8256

PTSA News

Holiday Gift Drive - 'Tis the season of giving, and the CVMS PTSA is proud to partner up once again with the Boys & Girls Club of San Dieguito to fulfill holiday wishes for children (and families) in our local community. Please spread some holiday cheer and make one or more wishes come true. Just click on [this link](#) for instructions on how to fulfill wishes. Grocery store gift cards in the amount of \$25 will also be accepted in lieu of specific gifts to make shopping easier. We appreciate our Bobcat Family so much. Thank you in advance for your generosity and love. Grrr!!!

The CVMS PTSA Membership Drive has started! By joining the CVMS PTSA, your dues support our school and students. PTSA members can vote on the PTSA budget and PTSA Board Officers. Memberships are \$25 per person. Joining the PTSA does not mean you are obligated to volunteer or make other commitments at our school. To sign up for a PTSA Membership visit: [PTSA Membership](#).

Shop to Support - In addition to our annual fundraiser that is coming up, there are other easy ways you can support CVMS every day. Shop these retailers and the CVMS PTSA receives donations when you make a purchase.

Ralphs Community Contribution Program – link your Ralphs card account and they will send a donation every time you swipe your card. [Click here](#) for instructions.

Sincerely,

CVMS PTSA

Go Bobcats! 

CVMS Music Boosters

Volunteers: Welcome to the 2023-2024 school year! We are thrilled to bring music to Carmel Valley Middle School and the community this year. The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Please consider a tax deductible [donation](#) to our Music Department! Your generosity ensures a robust music program like no other for this year and beyond!

Upcoming Music events: We look forward to seeing you at **our Winter Concerts - December 13th and 14th**

Student Arrival 5:00 PM
Doors Open 5:30 PM
Concert Start time 6:00 PM

Wednesday, December 13th
Bobcat Orchestra
Chamber Orchestra

Thursday, December 14th
Bobcat Band
Symphonic Band
Jazz Band
Wind Ensemble



Repeated NEWS

Attendance Office

Absences

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent. One quick reminder to use the email address that you have registered in Aeries when you email attendance.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

Health Office

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent(s) from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at:** cv.healthoffice@sduhsd.net

General News

PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform or Spirit wear clothing you still have time to purchase them on the [CVMS web store](#) or at the Finance Window. Stop by and see the many selections of Spirit Wear items that we sell this year. Thank you for supporting our CVMS students with your purchase.

How to Excuse Your Student from PE in the event of an illness or injury.

There always seems to be a little confusion around how to excuse your student in PE from a single-class medical or injury absence. Always go to the PE teacher - students can do this themselves or parents are welcome to send them a note or email. PE teachers then accommodate the student based on the medical reason or injury and the activities for that day.

A medical note for PE - is different. If your student is going to be missing multiple days of PE a medical note is required. That medical note should be given to the Attendance or Health office which will make sure it is distributed to all the correct staff members including the PE teacher.

For more information and how points for grades will work if absent in PE please click here.

Used Sneakers for Love - A student run project here at CVMS

Our goal is to give sneakers to any person with low income, or who lives in poverty. Every year, 200 million sneakers end up in dumpsters, and pollute our planet. We can share this initiative with the students and parents of CVMS to help those in need. If you happen to have unwanted shoes, there is a box in front of our school campus with a flyer about our project. Additional contact information will be included in the flyer on our donation box.

Repeated NEWS (Cont'd)

SDUHSD is looking for CTE Industry Partners!

The core of the Career Technical Education (CTE) coursework is the relationship with our local industry professionals. Industry partners play a pivotal role in CTE programs, building connections between industry and education. This support provides our students access to industry experts to inform, engage and prepare our future talented workforce. The SDUHSD CTE program is seeking local industry professionals to collaborate with our teachers. This partnership could include the following opportunities: Serve as an Industry Advisor and attend an Advisory Meeting (one per year), Be a Guest Speaker in a CTE course, Provide Teacher or Student Job Shadow opportunities, provide Company Tours for CTE students, provide Student Internships and Teacher Externships.

If you are interested in engaging with students in activities related to career exploration and skill preparation in middle and high school CTE programs, there are many opportunities for you or your organization to make a difference in SDUHSD.

Complete the SDUHSD CTE Partnership Interest Form to be connected with our Career and Technical Education office.

If you know someone who will be interested in partnering with SDUHSD, please share the link above or the QR code below.

Job Opportunities, San Dieguito UHSD has part-time opportunities available for Instructional Assistants-Special Education, Bilingual Instructional Assistants and Nutrition Services Assistants. Please visit the link below for a list of all available positions:

<https://tinyurl.com/mt9hac8t>



Did you know that SDUHSD hosts monthly parent collaboratives for families receiving special education services as well as informational sessions related to all things special education?

[Please click here for more information on our informational sessions](#) or to access the [SDUHSD Special Education Family Resource Webpage](#).

Superintendent's Message

Good afternoon SDUHSD Community,

During this month of November we have opportunities to acknowledge and express appreciation. Last weekend was Veterans' Day in which we honored the individuals who have served our country. In the spirit of the upcoming Thanksgiving holiday, we want to express appreciation to all who support our students directly and indirectly every day. May each of you enjoy this season of Thanksgiving.

At our board meeting this week, we recognized the PTMS Science Olympiad team and also heard updates on our California Assessment of Student Performance and Progress (CASPPP) results as well as our Multilingual Learner Plan. We are very proud of the PTMS and CVMS Science Olympiad programs and thank the teachers, volunteers and student coaches that help make them successful.

Associate Superintendent of Business Services Tina Douglas was recognized for her six years of service to the San Dieguito Union High School District. This month's meeting was her final Board meeting, and we extend our appreciation for the lasting impact that her leadership has made in support of students in our district.

As a reminder all items from last night's Board Agenda can be found on the district website or directly [here](#).

Thank you again for your ongoing support of our SDUHSD students and we wish everyone a safe and wonderful weekend.

Sincerely,

A handwritten signature in blue ink that reads "Anne J. Staffieri".

Anne Staffieri, Ed.,D.

CVMS Resources and Links

[CVMS Website](#)

[CVMS Bell Schedule](#)

[CVMS Calendar](#)

[SDUHSD Website](#)

[CVMS PTSA](#)

Carmel Valley Middle School
3800 Mykonos Lane
San Diego, CA 92130

Website: cv.sduhsd.net
Phone: 858-481-8221
Fax: 7858-481-8256