



# Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

October 14, 2022

## Message from the Principal

Dear Bobcat Families,

Many of our students continue to dress up for Halloween, and contrary to what some believe, our middle school students are not too old to participate in Halloween festivities. In fact, ASB has many activities planned for both Halloween and Red Ribbon Week starting on October 21 through October 31! We will also have a Halloween themed "Monster Mash" for our next Family Fun Night on October 27th! Please see the PTSA section for more details. Of course, any participation in Halloween festivities is entirely optional. For students who are starting to prepare for Halloween, please note [these costume guidelines](#) for October 31. In addition, as we've done in the past, we will collect any unused candy (for the Troops) on November 1 and 2.

We are looking forward to the Coffee Concerts next week in our music classes, as well as our Cocoa with the Principals on Oct. 20. We have one Cocoa per semester to provide an opportunity for our parents to be able to attend an informational meeting about the school in the evening. This will be a great opportunity for parents to meet our new assistant principal, Nathan Molina. We will meet at 6:00 p.m. in the Learning Commons.

Please also mark your calendars for our fall play, Alice in Wonderland. The show will run on November 3, 4, and 5. See [here](#) for more details.

Have a fantastic weekend, everyone! Go Bobcats!!

Vicki Kim  
Principal

## Upcoming Events

10/14	<b>1st Quarter Ends</b>
10/20	<b>Cocoa with the Principals</b>
10/24-10/28	<b>Red Ribbon Week</b>
10/24-10/28	<b>Boo Pops on Sale</b>
10/31	<b>Costume Contest</b>

## ASB News & Student Activities

### Red Ribbon Week

ASB has a lot of fun activities planned for our red ribbon week! See [slide](#) for dress up days and themes.

### Boo Pops

Boo Pops will be on sale for \$1.00 in front of the finance window at lunch starting 10/24. Students can purchase through 10/28.

### Costume Contest

CVMS is hosting a costume contest on Monday, Oct. 31st. Students are invited to dress up and compete for prizes! Please be aware of the [costume guidelines](#).

**Yearbooks We only have 190 left to sell!!!** Buy yours today before it's too late -all sales are online through the attached link at [Jostens](#).

Photo Submission- Is your child in a [Big-8 Middle School sport through the Boys and Girls Club](#)? We are looking for photos of Cross Country, Girls Volleyball, Golf, and Flag Football. Contribute yearbook photos [here](#)!

8th Grade Student Recognition- Parents of 8th graders - You may purchase a Yearbook Recognition Ad for your graduating Bobcat and it will appear in this year's yearbook. Guidelines and

## Assistant Principal's Message

### Data Confirmation

Some families have yet to complete their data upload to Aeries. If we are missing information needed for your student, you will receive a message Friday, October 14 with instructions on how to complete the process.

### Traffic Drop-Off and Pick-Up

Please remember to pull all the way through either lane so students are dropped off or picked up beyond the yellow chains. This ensures that students are exiting or entering cars in the safest part of the road as possible and drivers behind you are not surprised if you stop short. Please review the Drop Off/Pick Up chart below for optimal times to get to campus. Thank You!

### E-Bike/E-Scooter Presentation

We had a successful presentation this past Monday where students learned about road and bike safety and received helmet fittings. We had 40 students participate in the event. We have ordered tags for students who attended to fasten to their bike. Only students with a tag will be eligible to ride their E-Bike or E-Scooter to school. More information will be forthcoming.

Have a great weekend all!

*Nathan Molina*  
Assistant Principal

## Counseling Update

Thanks to all of our Bobcats who signed the No Place for Hate Pledge this week. It was wonderful to see so many of our students take a stand against hate in all its forms.

The end of the first quarter is today, October 14th. Grades will be available for viewing the week of the 24th. If you would like more information on grades, timelines and other valuable information, please check [the district website](#).

The end of a quarter is a great time to talk with students about setting goals, especially academic ones if things didn't go as anticipated during the first quarter. On

ordering details are found [here](#).

## PTSA News

### Family Fun Night: Monster Mash - October 27

Join us for our first annual Monster Mash! Families will enjoy Halloween-themed music, games, contests and more! Food trucks will be on-site selling food.

Prizes will be awarded to students \*and\* adults for Funniest, Most Creative, Best DIY and Best Overall Costumes. [Click here to learn more about bringing a jack-o-lantern or jack-o-jug](#), for which prizes will be awarded, too!

This is an event for the whole family; please do not drop off students unattended.

- **Date:** Thursday, Oct. 27
- **Time:** 5:30 - 7:30 pm
- **Location:** CVMS Quad



[Students, click here to join the Halloween Flash Mob that night!](#) A dance teacher will visit CVMS next Wednesday and Thursday to teach the dance during lunch, so please click above and vote ASAP on which song/dance you'd like!

**Volunteer Opportunities:** Looking to get more involved? We have a few upcoming events that need volunteer help. Just click on the link to sign up or learn more.

- [11/1 - 11/2: Operation Gratitude](#)

## Music Boosters

**Volunteers:** The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

**Upcoming Music events** Please mark your calendars for the upcoming Coffee Concerts!

### Wednesday October 19th

- Chamber Orchestra (8:30 am)
- Advanced Band (10:30 am)

### Thursday, October 20th

- Bobcat Band (10:30 am)
- Bobcat Orchestra (1:20 pm)

**Donate to CVMS Music Program and help us reach our \$20,000 Goal!** The Music Boosters rely on parent donations to ensure that the art of music is available to all CVMS students for years to

Monday, the student advisory lesson will focus on goal setting and how to make your goals big enough to be meaningful but focused enough that they are able to be met. Please check in with your Bobcat on Monday to see what they learned.

## General News & Info

### Project Butterfly Book Drive

Project Butterfly is a San Diego based non-profit organization that assists in community service across the globe - and run by current district high school students. Currently, we are running our African Book Drive, where we donate lightly used books to underprivileged students in need in Africa. If you or your family have books that you do not currently read, do not currently want, or just do not need, please consider dropping off your books in the bin in front of the CVMS Administration office. Anything is appreciated! Thank you!

come.

Thank you to everyone who has donated to our amazing music program at CVMS so far this school year! Your support enables students to have a robust music program like no other! [Click here!](#)

### Shop at Ralphs and give to the CVMS Music

**Boosters:** Ralph's is Giving Back to Our Communities! It's Easy... just shop, swipe your card & earn! For more info [click here](#).

**Corporate Matching:** Many companies in the area offer a corporate match for its employees' charitable contributions. Please consider inquiring whether your company may provide a corporate match to your tax-deductible 501c contribution to CVMS Music Boosters. For any questions please email Tamila Leychkis: [treasurer@cvmsmb.org](mailto:treasurer@cvmsmb.org).

As always, if you have any questions or concerns about the CVMS Music Program, contact Mr. Patterson at [alexander.patterson@sduhsd.net](mailto:alexander.patterson@sduhsd.net) or if you have questions about the CVMS Music Boosters and how to volunteer, contact Robert Pisor at [president@cvmsmb.org](mailto:president@cvmsmb.org)

## Repeated News

### Acceptable Computer Use in the Classroom

Computer and network access is a privilege as outlined in the [District's Acceptable Use Policy](#) agreed to by students and parents before school started. We have had a handful of teachers report that students are playing games during class time and circumventing the protections of programs like GoGuardian. Please remind your students to follow their teacher's classroom rules, as well as district rules, regarding acceptable computer use. Failure to follow these rules could lead to a loss of privileges as outlined in the CVMS Student Handbook.

### Data Confirmation

Some families have yet to complete their data upload to Aeries. If we are missing information needed for your student, you will receive a message Friday, September 30 with instructions on how to complete the process.

### Boys and Girls Club Sports Schedule

To view our sports schedule through the Boys and Girls Club please [click here](#). They always love to have friends and family come out to support them.

**School Pictures** - If you have not received an email explaining how to access and order your student's school photos please [click here](#) for instructions.

### Student Drop Off and Pick Up

Please make sure to drop off and pick up your students beyond the yellow chains on the north side of the double laned driveway. Please be sure to pull up as far as you can before stopping so we can get as many cars through the lanes as possible. To keep the flow of traffic moving smoothly, please check the Drop Off/Pick Up Time recommendations below.

### Visiting Campus or Classrooms

All parents MUST check in at the front office prior to going to any classroom, volunteering, or visiting our campus. Parents also must have a pre-arranged appointment to meet with a teacher. Please do not ever go directly to a teacher's classroom, whether it is during school hours or before or after the school day has ended. This process exists to ensure keeping our students and staff safe. Thank you!!

### **Career Speaker Series**

Our Counseling Office uses the American School Counseling Association domains- Academic Development, Social Emotional Development, and Career Development- in order to best target and plan services for all students. While it may seem a bit early to discuss careers in middle school, at this level, it is all about the exploration of individual interests, skills, and exposure to what people actually do day to day in their jobs. This is where we need your help. We would like to host a monthly Career Speaker Series where students can hear from a variety of speakers about their careers. This would involve a brief 30-minute presentation during PAW (11:55-12:25). Our Student Support Facilitator, Laura Stepanian will be coordinating this series. If you are able to donate sometime this school year, please fill out [this google form](#) with your information and Laura will contact you. Last year, our students heard from many speakers, including a police officer, muralist, chef, and a pilot. With your help, we can present a wide variety of career choices that reflects the range of opportunities available to students.

### **Bobcat Backyard**

Please remind your students that Bobcat Backyard is open in room 704 Mondays and Wednesdays during lunch. It is a great place to come and play games with friends or meet new ones.

### **No Place for Hate**

CVMS believes that children have the right to live and learn in safe, respectful and inclusive communities and schools and that no child should experience discrimination/harassment based on any immutable characteristic. By planning a wide and active approach, CVMS hopes to create the opportunity for many contributors to be empowered as upstanders against racism, antisemitism, bullying, and other bias-motivated behaviors. We are asking students who would like to be a part of this effort to fill out an [application to be a part of our No Place for Hate Leadership Team](#). We are looking for about twenty students so please talk about this program with your students and encourage them to apply.

**Drop Off/Pick Up Times:** Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop-off and pick-up times that include most of the schedule scenarios our students have for the year:

<b>Students who attend:</b>	<b>Drop off</b>	<b>Pick up</b>
1st period through 6th period	by 8:00 am	<b>after</b> 2:45 pm (after 3:00 is ideal)
1st period with 6th period ISPE	by 8:00 am	Mon - after 1:52 pm, Tue & Thur after 2:45 pm; Wed & Fri after 12:25 pm.
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:30 am	If the last class is: 6th period - after 2:45 pm 5th period - after 2:00 pm

**Student Medications** - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

### **ILL OR INJURED STUDENTS**

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent(s) from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: [susan.vieira@sduhsd.net](mailto:susan.vieira@sduhsd.net)**

### **CVMS Attendance**

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

**Email:** [cvattendance@sduhsd.net](mailto:cvattendance@sduhsd.net)

**Phone:** 858.481.8221 x3011

### **Appointments During School**

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

### **No Scented lotions/hand sanitizers**

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

### **Optional Chromebook Insurance**

Once again the District Office has partnered with SchoolDeviceCoverage to offer [Optional Chromebook Insurance](#) to all our families. The deadline to register is October 15 and will cover the entire year from the moment of purchase until August 2023.

### **PE Uniforms & Spirit Wear**

If you have not yet purchased your PE uniform or Spirit wear clothing you still have time to purchase them on the [CVMS web store](#) or at the Finance Window. Stop by and see the many selections of Spirit Wear items that we sell this year. Thank you for supporting our CVMS students with your purchase.

## RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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