



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

September 30, 2022

Message from the Principal

Dear Bobcat Families,

We have achieved our final school wide goal of \$60,000! Fantastic! Thank you to everyone who has donated! We're still waiting on final confirmation about participation rates, so stay tuned to find out if I will have brightly colored hair at our final fundraiser celebration on October 21!

If your middle school student is planning to attend a Torrey Pines football game, please read this [message](#) from Principal Coppo and the TPHS administration team.

We are in need of volunteers who would like to come and speak with our students about their careers for our Career Speaker Series (once a month). This would be about thirty minutes during PAW time. Please contact our student support facilitator Laura Stepanian at Laura.Stepanian@sduhsd.net if you are available to speak to the students about your profession. We are looking to provide the opportunity for students to learn about a wide array of professions, so please consider helping our students learn about yours.

Have a fantastic weekend, everyone! Go Bobcats!!

Vicki Kim
Principal

Assistant Principal's Message

Student Behavior

In recent days we have seen an uptick in behaviors on campus. Please take a moment to review this abridged version of the [presentation](#) seen by all students at the start

Upcoming Events

10/3	Deadline for Reflections
10/6	Career Speaker during PAW
10/6-10/14	Book Fair
10/10	Late Start Monday
10/14	1st Quarter Ends

General News & Info

To view our sports schedule through the Boys and Girls Club please [click here](#). They always love to have friends and family come out to support them.

ASB News & Student Activities

ONE Fundraiser TWO great organizations!

Hey Bobcat Families! We have reached our goal of \$60,000! That is amazing! Thank you to all that donated!

Those that have donated and/or filled out the bottom portion of the fundraising flier and turned it into the office or their 4th-period class will be entered in the Grand Prize drawing including a year-long front-of-the-lunch-line pass!

There is still time to donate! Any amount helps!

[Donate Here!](#)

Remember, in addition to the schoolwide celebrations and prizes, the top 4th period class in the 3 categories below will earn a pizza party of their own. Here are the classroom standings so far:

Most Participation: Mrs. Campisano

Top Dollars: Mrs. Stiles class

Combination of participation and top dollars: Ms. Mitchell's class

Yearbooks We only have 200 left to sell!!! But

of the school year. Whether before school, in class, at lunch or after school, ALL Bobcats deserve a safe and welcoming environment in which to learn.

E-Bike and Electric Scooter Safety Event

We will have a safety event for students during our late start day on October 10, 2022 beginning at 8:25. Kevin Baross from the San Diego Bike Coalition will be presenting and Paige Hargis from the Scripps Memorial Injury Prevention office will be sharing materials and resources about bicycle and helmet safety. Students who want to continue or begin riding an electric device to school must attend this event to be certified to do so. Please plan accordingly.

Acceptable Computer Use in the Classroom

Computer and network access is a privilege as outlined in the [District's Acceptable Use Policy](#) agreed to by students and parents before school started. We have had a handful of teachers report that students are playing games during class time and circumventing the protections of programs like GoGuardian. Please remind your students to follow their teacher's classroom rules, as well as district rules, regarding acceptable computer use. Failure to follow these rules could lead to a loss of privileges as outlined in the CVMS Student Handbook.

Data Confirmation

Some families have yet to complete their data upload to Aeries. If we are missing information needed for your student, you will receive a message Friday, September 30 with instructions on how to complete the process.

Have a great weekend all!

Nathan Molina
Assistant Principal

Counseling Update

Sign-ups for our first Career Speaker Series of the year are still ongoing. Please encourage your student to sign up to see our first speaker, an airline pilot, next week. They can sign up through the Learning Commons Google classroom and use code wm43xd7.

We had an amazing first meeting with our No

yours today before it's too late -all sales are online through the attached link at [Jostens](#).

Parents - Yearbook would love photos for our [Summer page!](#) Please send a photo of your Bobcat on any summer adventure! Contribute yearbook photos [here!](#)



PTSA News

Reflections Due Oct. 3 - Last chance to submit entries for Reflections. For more information on Reflections, including examples and the submission form [click here](#).

Family Fun Night: Monster Mash - October 27

Join us for our Fall Family Fun Night: Monster Mash! Enjoy Halloween-themed music, games, costume contests, Jack-o-lantern contests and more! Plus, food trucks will be on-site selling food.

This is an event for the whole family; please do not drop off students unattended.

- **Date:** Thursday, Oct. 27
- **Time:** 5:30 - 7:30 pm
- **Location:** CVMS Quad



Volunteer Opportunities: Looking to get more involved? We have a few upcoming events that need volunteer help. Just click on the link to sign up or learn more.

- [11/1 - 11/2: Operation Gratitude](#)

Music Boosters

Volunteers: The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Upcoming Music events Please mark your calendars for the upcoming Coffee Concerts!

Wednesday October 19th

- Chamber Orchestra (8:30 am)
- Advanced Band (10:30 am)

Place for Hate Leadership Team and are planning for our No Place for Hate Pledge Day. This is a truly outstanding group of young people and we are excited by their energy, enthusiasm and desire to make CVMS better for everyone.

Monday's advisory lesson is about Study Skills and how to study smarter, not harder. Please be sure to talk with your student about what they learned and how they can best maximize their study time.

Thursday, October 20th

- Bobcat Band (10:30 am)
- Bobcat Orchestra (1:20 pm)

Donate to CVMS Music Program and help us reach our \$20,000 Goal!: The Music Boosters rely on parent donations to ensure that the art of music is available to all CVMS students for years to come.

Thank you to everyone who has donated to our amazing music program at CVMS so far this school year! Your support enables students to have a robust music program like no other! [Click here!](#)

Shop at Ralphs and give to the CVMS Music Boosters: Ralph's is Giving Back to Our Communities! It's Easy... just shop, swipe your card & earn! For more info [click here](#).

Corporate Matching: Many companies in the area offer a corporate match for its employees' charitable contributions. Please consider inquiring whether your company may provide a corporate match to your tax-deductible 501c contribution to CVMS Music Boosters. For any questions please email Tamila Leychkis: treasurer@cvmsmb.org.

As always, if you have any questions or concerns about the CVMS Music Program, contact Mr. Patterson at alexander.patterson@sduhsd.net or if you have questions about the CVMS Music Boosters and how to volunteer, contact Robert Pisor at president@cvmsmb.org

Repeated News

School Pictures - If you have not received an email explaining how to access and order your student's school photos please [click here](#) for instructions.

Student Drop Off and Pick Up

Please make sure to drop off and pick up your students beyond the yellow chains on the north side of the double laned driveway. Please be sure to pull up as far as you can before stopping so we can get as many cars through the lanes as possible. To keep the flow of traffic moving smoothly, please check the Drop Off/Pick Up Time recommendations below.

Visiting Campus or Classrooms

All parents MUST check in at the front office prior to going to any classroom, volunteering, or visiting our campus. Parents also must have a pre-arranged appointment to meet with a teacher. Please do not ever go directly to a teacher's classroom, whether it is during school hours or before or after the school day has ended. This process exists to ensure keeping our students and staff safe. Thank you!!

Career Speaker Series

Our Counseling Office uses the American School Counseling Association domains- Academic Development, Social Emotional Development, and Career Development- in order to best target and

plan services for all students. While it may seem a bit early to discuss careers in middle school, at this level, it is all about the exploration of individual interests, skills, and exposure to what people actually do day to day in their jobs. This is where we need your help. We would like to host a monthly Career Speaker Series where students can hear from a variety of speakers about their careers. This would involve a brief 30-minute presentation during PAW (11:55-12:25). Our Student Support Facilitator, Laura Stepanian will be coordinating this series. If you are able to donate sometime this school year, please fill out [this google form](#) with your information and Laura will contact you. Last year, our students heard from many speakers, including a police officer, muralist, chef, and a pilot. With your help, we can present a wide variety of career choices that reflects the range of opportunities available to students.

Bobcat Backyard

Please remind your students that Bobcat Backyard is open in room 704 Mondays and Wednesdays during lunch. It is a great place to come and play games with friends or meet new ones.

No Place for Hate

CVMS believes that children have the right to live and learn in safe, respectful and inclusive communities and schools and that no child should experience discrimination/harassment based on any immutable characteristic. By planning a wide and active approach, CVMS hopes to create the opportunity for many contributors to be empowered as upstanders against racism, antisemitism, bullying, and other bias-motivated behaviors. We are asking students who would like to be a part of this effort to fill out an [application to be a part of our No Place for Hate Leadership Team](#). We are looking for about twenty students so please talk about this program with your students and encourage them to apply.

CCA Girls in STEM Outreach

We would love for students from Carmel Valley Middle School to join us! We hope to reach and inspire more elementary and middle school girls to pursue computer science and engineering.

The Girls in STEM program is entirely student-run. Our group of student mentors have created a lecture series on Frontend Web Development. The topics include elements of web design, web publication, animations, and more.

This course will start on September 19th (09/19/2022), and meetings will be held through Google Meet on Mondays and Fridays. Our course will operate similarly to that of a webinar series, and each session will cover a different topic.

All genders are welcome, and girls are highly encouraged! We would love everyone to join our lecture series program, but we market the program as "Girls in STEM" as per our club mission.

Google Form for sign-ups: <https://forms.gle/9FTXwZc4NfxBHn4u6>

QR Code for sign up form: <https://bit.ly/3eqTsdN>

You can find our curriculum here:

<http://ccagirlswhocode.weebly.com/webdev.html>

(work in progress)

Flyer: <https://bit.ly/F22-GiSFlyer>

Drop Off/Pick Up Times: Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop-off and pick-up times that include most of the schedule scenarios our students have for the year:

Students who attend:	Drop off	Pick up
1st period through 6th period	by 8:00 am	after 2:45 pm (after 3:00 is ideal)

1st period with 6th period ISPE	by 8:00 am	Mon - after 1:52 pm, Tue & Thur after 2:45 pm; Wed & Fri after 12:25 pm.
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:30 am	If the last class is: 6th period - after 2:45 pm 5th period - after 2:00 pm

CVMS Health Office

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent(s) from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: susan.vieira@sduhsd.net**

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

Nutrition Services

Even in the past four days, the lunch lines have been processed faster and faster. Thank you to our Nutrition Services team for providing healthy food options to our students! For more information on Nutrition Services please go to their [website](#). Here are the August and September [Menus](#).

No Scented lotions/hand sanitizers

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

Traffic

Even over the short course of the first four days of school, traffic has improved during drop-off and pick-up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:30 to pick up your child. If you arrive early and park in the pickup lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:30 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

Late Start Mondays

Teachers will be in department meetings and Professional Learning Communities until period 1, which begins at 9:45. We ask that students start arriving to campus by 9:30. If students need to come to school long before 9:30, they may find a picnic table in the quad to sit at or they may work in the Learning Commons on the days that it is not being used for a staff meeting. Our Learning Commons is open at 7:30 a.m. every day. On a related note, our Learning Commons is open after school until 3:45 p.m.

Optional Chromebook Insurance

Once again the District Office has partnered with SchoolDeviceCoverage to offer [Optional Chromebook Insurance](#) to all our families. The deadline to register is October 15 and will cover the entire year from the moment of purchase until August 2023.

PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform or Spirit wear clothing you still have time to purchase them on the [CVMS web store](#) or at the Finance Window. Stop by and see the many selections of Spirit Wear items that we sell this year. Thank you for supporting our CVMS students with your purchase.

RESOURCES & LINKS

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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