



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

September 16, 2022

Message from the Principal

Dear Bobcat Families,

Thank you to all who were able to attend the Coffee with the Principal and PTSA Association Meeting this morning. For those of you who could not make it, no problem! [Here](#) is the slide deck for your reference. Mark your calendars for the next meeting, which is a "Cocoa With the Principal" because it will be an evening meeting to help accommodate the busy schedules of our working parents. I look forward to seeing you there!

We had an awesome lunch on Wednesday with Italian Ice for all and today with the drawings for so many great prizes for the kids. Remember, the drawing of prizes is to celebrate that we reached our first fundraising goal of \$20,000! Fantastic! We will have another celebration next Friday to celebrate reaching our second fundraising goal of \$40,000! THANK YOU to all who have donated to this great cause. If you haven't yet donated, it's not too late! In addition to the ultimate goal of raising \$60,000, we have a participation goal of 100%! And while our suggested donation is \$1/day (\$180), ANY amount helps. Please do not hesitate to donate whatever you can, if it's \$5, \$10, \$25, or \$50! Let's keep the momentum going Bobcats! To donate please [click here](#).

Have a fantastic weekend, everyone! Go Bobcats!!

Vicki Kim
Principal

Upcoming Events

9/19	Picture Make Ups 8am-1pm
9/26	Late Start Monday
9/28	Bobcat Brag Party during PAW

General News & Info

Visiting Campus or Classrooms

All parents MUST check in at the front office prior to going to any classroom, volunteering, or visiting our campus. Parents also must have a pre-arranged appointment to meet with a teacher. Please do not ever go directly to a teacher's classroom, whether it is during school hours or before or after the school day has ended. This process exists to ensure keeping our students and staff safe. Thank you!!

ASB News & Student Activities

ONE Fundraiser TWO great organizations!

ASB/PTSA have teamed up to make CVMS the best ever! We are off to a great start! Thank you to all who have donated so far! We have not only reached our 1st goal of \$20,000, but our 2nd goal of \$40,000.00 as well!! Way to go Bobcats!

Counseling Update

Counselors and Administrators met this week with all students for our Suicide Prevention Presentation on Monday. We were honored to share this potentially life-saving message with our students and are so proud of the serious, thoughtful manner in which the students reacted to the presentations.

D/F notices for the first quarter will be able to be viewed on AERIES after September 20th. In order to check if your student has received a D/F notification, go on your AERIES portal and check "grades" (not gradebook).

Assistant Principal's Message

Emergency Drill

Thank you to staff and students for a productive 3 in 1 Emergency Drill today. Over 20 minutes students practiced safety drills for lockdown events, earthquakes and partial evacuations for fire related incidents.

E-Bike and Electric Scooter Safety Event

We will have a safety event for students during our late start day on October 10, 2022. Students who want to continue or begin riding an electric device to school must attend this event to be certified to do so. Keep an eye out for more information as the date draws near.

Student Drop Off and Pick Up

Please make sure to drop off and pick up your students beyond the yellow chains on the north side of the double laned driveway. Please be sure to pull up as far as you can before stopping so we can get as many cars through the lanes as possible. To keep the flow of traffic moving smoothly, please check the Drop Off/Pick Up Time recommendations below.

Thanks for reading and have a great weekend all!

Nathan Molina
Assistant Principal

PTSA News

The CVMS PTSA/ASB Fundraiser last week to donate! When you contribute to the joint fundraising drive, you support two fantastic organizations at CVMS. All funds raised stay at CVMS and will be split evenly between the two organizations. We recommend **families donate \$1.00 per day (\$180)** for this combined PTSA and ASB fundraiser. You can make a donation now through Sept. 23. All donations of any amount are greatly appreciated.

- [Click here](#) to make a donation
- [Click here](#) for more information on the fundraiser including prizes and company matching.

Reflections Due Oct. 3 - Submissions are now being accepted for Reflections, a national PTA arts competition that promotes creative talents, artistic expression, the experience of creating art, critical-thinking skills and recognition. All students are invited to

For Advisory next week, we are going to be teaching students the importance of email etiquette when writing to school personnel and how to make emails more businesslike and professional sounding. As adults, we know that this is a life skill that goes well beyond CVMS and we feel it is important to start practicing now. Often, it can be daunting for families to navigate communicating with school staff, so here are some tips that we hope may help you as well:

- Be sure to include your child's first and last name and be specific in your request to staff so that they are better able to respond to you.
- Don't expect an immediate response. Staff will respond to you at their earliest convenience. Please do not wait until the last moment to address a concern with a staff member.
- If you need a more immediate response, you may be able to use google classroom, the AERIES portal or have your Bobcat talk directly with the teacher.
- Encourage your Bobcat to write their own emails to staff and copy you on them. That way, they are learning self advocacy and everyone is in the same communications loop.

Yearbooks can be purchased through Jostens this year and all sales are online through the attached link at [Jostens](#). We've sold over half our order!!! Don't be left out so order yours now!

Parents - Yearbook would love photos for our Pets page! Please send a photo of your furry friend, and hopefully your child will be in the photo, too! Contribute yearbook photos [here!](#)



participate and submit original artwork. For more information on Reflections, including examples and the submission form [click here](#).

Repeated News

Career Speaker Series

Our Counseling Office uses the American School Counseling Association domains- Academic Development, Social Emotional Development and Career Development- in order to best target and plan services for all students. While it may seem a bit early to discuss careers in middle school, at this level, it is all about exploration of individual interests, skills and exposure to what people actually do day to day in their jobs. This is where we need your help. We would like to host a monthly Career Speaker Series where students can hear from a variety of speakers about their careers. This would involve a brief 30 minute presentation during PAW (11:55-12:25). Our Student Support Facilitator, Laura Stepanian, will be coordinating this series. If you are able to donate some time this school year, please fill out [this google form](#) with your information and Laura will contact you. Last year, our students heard from many speakers, including a police officer, muralist, chef and a pilot. With your help, we can present a wide variety of career choices which reflects the range of opportunities available to students.

Bobcat Backyard

Please remind your students that Bobcat Backyard is open in room 704 Mondays and Wednesdays during lunch. It is a great place to come and play games with friends or meet new ones.

No Place for Hate

CVMS believes that children have the right to live and learn in safe, respectful and inclusive communities and schools and that no child should experience discrimination/harassment based on any immutable characteristic. By planning a wide and active approach, CVMS hopes to create the opportunity for many contributors to be empowered as upstanders against racism, antisemitism, bullying, and other bias-motivated behaviors. We are asking students who would like to be a part of this effort to fill out an [application to be a part of our No Place for Hate Leadership Team](#). We are looking for about twenty students so please talk about this program with your students and encourage them to apply.

A Message from TP Regarding Football Games

If you and/or your students are planning on attending a Torrey Pines football game, please read this [message](#) from Principal Coppo and the TPHS administration team.

CCA Girls in STEM Outreach

We would love for students from Carmel Valley Middle School to join us! We hope to reach and inspire more elementary and middle school girls to pursue computer science and engineering.

The Girls in STEM program is entirely student-run. Our group of student mentors have created a lecture series on Frontend Web Development. The topics include elements of web design, web publication, animations, and more.

This course will start on September 19th (09/19/2022), and meetings will be held through Google Meet on Mondays and Fridays. Our course will operate similarly to that of a webinar series, and each session will cover a different topic.

All genders are welcome, and girls are highly encouraged! We would love everyone to join our lecture series program, but we market the program as "Girls in STEM" as per our club mission.

Google Form for sign-ups: <https://forms.gle/9FTXwZc4NfxBHn4u6>

QR Code for sign up form: <https://bit.ly/3eqTsdN>

You can find our curriculum here:

<http://ccagirlswhocode.weebly.com/webdev.html>

(work in progress)

Flyer: <https://bit.ly/F22-GiSFlyer>

Drop Off/Pick Up Times: Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop-off and pick-up times that include most of the schedule scenarios our students have for the year:

Students who attend:	Drop off	Pick up
1st period through 6th period	by 8:00 am	after 2:45 pm (after 3:00 is ideal)
1st period with 6th period ISPE	by 8:00 am	Mon - after 1:52 pm, Tue & Thur after 2:45 pm; Wed & Fri after 12:25 pm.
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:30 am	If the last class is: 6th period - after 2:45 pm 5th period - after 2:00 pm

CVMS Health Office

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent(s) from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: susan.vieira@sduhsd.net**

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

Nutrition Services

Even in the past four days, the lunch lines have been processed faster and faster. Thank you to our Nutrition Services team for providing healthy food options to our students! For more information on Nutrition Services please go to their [website](#). Here are the August and September [Menus](#).

No Scented lotions/hand sanitizers

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

Traffic

Even over the short course of the first four days of school, traffic has improved during drop-off and pick-up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:30 to pick up your child. If you arrive early and park in the pickup lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:30 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

Late Start Mondays

Teachers will be in department meetings and Professional Learning Communities until period 1, which begins at 9:45. We ask that students start arriving to campus by 9:30. If students need to come to school long before 9:30, they may find a picnic table in the quad to sit at or they may work in the Learning Commons on the days that it is not being used for a staff meeting. Our Learning Commons is open at 7:30 a.m. every day. On a related note, our Learning Commons is open after school until 3:45 p.m.

Optional Chromebook Insurance

Once again the District Office has partnered with SchoolDeviceCoverage to offer [Optional Chromebook Insurance](#) to all our families. The deadline to register is October 15 and will cover the

entire year from the moment of purchase until August 2023.

PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform or Spirit wear clothing you still have time to purchase them on the [CVMS web store](#) or at the Finance Window. Stop by and see the many selections of Spirit Wear items that we sell this year. Thank you for supporting our CVMS students with your purchase.

RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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