



# Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

September 9, 2022

## Message from the Principal

Dear Bobcat Families,

A huge thank you to ASB and parent volunteers for helping to provide a fantastic first dance last night! It filled my soul to see our students hanging out, dancing away, and having a lot of good, wholesome fun with their fellow Bobcats. Thank you also to PTSA for hosting a social event for parents to meet other parents. Events like these definitely enhance a positive school experience for both students and parents!

We are already at \$36,000 in our annual fundraiser! Only \$24,000 to go to reach our final goal! Wow! If you have donated already - thank you so much. If you haven't, please consider doing so. We are asking for just \$1 a day = \$180 for the year, but any amount is appreciated.

Remember, in addition to the schoolwide celebrations and prizes, the top 4th period class in the 3 categories below will earn a pizza party of their own. Here are the classroom standings so far:

### **Participation:**

Mrs. Campisano's class is in first place with 36 percent of her class participating.

### **Top Dollars:**

Mrs. Stiles's class is in first place for the most money raised so far with a total of \$3530.00.

### **Combination participation and top dollars:**

Mrs. Vermilyea's class is in first place for a combined percentage of participation and money collected.

Let's keep the momentum going Bobcats! To donate please [click here](#).

## Upcoming Events

9/12	<b>Late Start- School Starts 9:45am</b>
9/12	<b>Suicide Awareness and Prevention Presentations through PE classes</b>
9/16	<b>Coffee with the Principal PTSA Association Mtg to Follow</b>
9/19	<b>Picture Make Ups 8am-1pm</b>

## General News & Info

### **Late Start Mondays (Sept. 12 & 23)**

We have two Late Start Mondays in September, the 12th and 23rd. Teachers will be in department meetings and Professional Learning Communities until period 1, which begins at 9:45. We ask that students start arriving to campus by 9:30. If students need to come to school long before 9:30, they may find a picnic table in the quad to sit at or they may work in the Learning Commons on the days that it is not being used for a staff meeting. Our Learning Commons is open at 7:30 a.m. every day. On a related note, our Learning Commons is open after school until 3:45 p.m.

### **A Message from TP Regarding Football Games**

If you and/or your students are planning on attending a Torrey Pines football game, please read this [message](#) from Principal Coppo and the TPHS administration team.

### **CCA Girls in STEM Outreach**

We would love for students from Carmel Valley Middle School to join us! We hope to reach and inspire more elementary and middle school girls to pursue computer science and engineering.

The Girls in STEM program is entirely student-run. Our group of student mentors have created a lecture series on Frontend Web Development. The topics include elements of web design, web

We hope that you will be able to join us for our first [Coffee with the Principal](#) on Friday, September 16 in the Learning Commons. We will review general school information, including the Suicide Awareness and Prevention information shared with students earlier that week. There will be a general PTSA association meeting immediately afterwards.

Monday is a late start day; first period begins at 9:45. Have a fantastic weekend, everyone!

Go Bobcats!!

*Vicki Kim*  
Principal

## Assistant Principal's Message

Students in attendance had a great time during the luau themed dance this past Thursday! Thank you for hosting another great event, ASB!

Some updates for the coming week:

ISPE: On Monday, September 12th, all students will be attending a presentation about Suicide Awareness and Prevention, which will be held during PE classes. All students with ISPE should plan on attending the period 6 presentation starting at 2:05. 7th graders should report to the PAC and 8th graders should report to the Learning Commons. Please be sure to make arrangements with your coaches for the day.

*Nathan Molina*  
Assistant Principal

## Counseling Update

### Career Speaker Series

Our Counseling Office uses the American School Counseling Association domains- Academic Development, Social Emotional Development and Career Development- in order to best target and plan services for all students. While it may seem a bit early to discuss careers in middle school, at this level, it is all about exploration of individual interests, skills and exposure to what people

publication, animations, and more.

This course will start on September 19th (09/19/2022), and meetings will be held through Google Meet on Mondays and Fridays. Our course will operate similarly to that of a webinar series, and each session will cover a different topic.

All genders are welcome, and girls are highly encouraged! We would love everyone to join our lecture series program, but we market the program as "Girls in STEM" as per our club mission.

Google Form for sign-ups:

<https://forms.gle/9FTXwZc4NfxBHn4u6>

QR Code for sign up form: <https://bit.ly/3eqTsdN>

You can find our curriculum here:

<http://ccagirlswhocode.weebly.com/webdev.html>  
(work in progress)

Flyer: <https://bit.ly/F22-GiSFlyer>

**Yearbooks** can be purchased through Jostens this year and all sales are online through the attached link at [Jostens](#). We've already sold almost half our order!!! Don't be left out so order yours now!

Parents - Yearbook would love photos for our Pets page! Please send a photo of your furry friend, and hopefully your child will be in the photo, too! Contribute yearbook photos [here!](#)



## ASB News & Student Activities

### ONE Fundraiser TWO great organizations!

ASB/PTSA have teamed up to make CVMS the best ever! We are off to a great start! Thank you to all who have donated so far! We have reached our 1st goal of \$20,000!!

## PTSA News

**The CVMS PTSA/ASB Fundraiser** has started! When you contribute to the joint fundraising drive, you support two fantastic organizations at CVMS. All funds raised stay at CVMS and will be split evenly between the two organizations. We

actually do day to day in their jobs. This is where we need your help. We would like to host a monthly Career Speaker Series where students can hear from a variety of speakers about their careers. This would involve a brief 30 minute presentation during PAW (11:55-12:25). Our Student Support Facilitator, Laura Stepanian, will be coordinating this series. If you are able to donate some time this school year, please fill out [this google form](#) with your information and Laura will contact you. Last year, our students heard from many speakers, including a police officer, muralist, chef and a pilot. With your help, we can present a wide variety of career choices which reflects the range of opportunities available to students.

### **Class level change deadline**

The deadline for level changes is this Tuesday, September 13th. Please be sure to talk to your student's counselor prior to the deadline if you would like to make a level change.

### **Bobcat Backyard**

Please remind you students that Bobcat Backyard is open in room 704 Mondays and Wednesdays during lunch. It is a great place to come and play games with friends or meet new ones.

### **No Place for Hate**

CVMS believes that children have the right to live and learn in safe, respectful and inclusive communities and schools and that no child should experience discrimination/harassment based on any immutable characteristic. By planning a wide and active approach, CVMS hopes to create the opportunity for many contributors to be empowered as upstanders against racism, antisemitism, bullying and other bias-motivated behaviors. We are asking students who would like to be a part of this effort to fill out an [application to be a part of our No Place for Hate Leadership Team](#). We are looking for about twenty students so please talk about this program with your students and encourage them to apply.

recommend **families donate \$1.00 per day (\$180)** for this combined PTSA and ASB fundraiser. You can make a donation now through Sept. 23. All donations of any amount are greatly appreciated.

- [Click here](#) to make a donation
- [Click here](#) for more information on the fundraiser including prizes and company matching.

**PTSA Association Meeting Sept. 16** - The first CVMS PTSA Association Meeting will be held on Friday, September 16 from 9:45-11am in the Learning Commons, immediately following the Coffee with the Principal. This meeting is for any interested parents to attend, though only PTSA members may vote on the proposed budget, which includes all programs, projects and expenditures for the year. Click here to learn about membership. All new PTSA members will be entered into a raffle, and prizes will be drawn at the meeting.

**Reflections Due Oct. 3** - Submissions are now being accepted for Reflections, a national PTA arts competition that promotes creative talents, artistic expression, the experience of creating art, critical-thinking skills and recognition. All students are invited to participate and submit original artwork. For more information on Reflections, including examples and the submission form [click here](#).

**CVMS Math League** - Ready for some fun and challenging math problems? [Join us](#) in CVMS Math League! We are open to all math levels for problem-solving, enrichment lessons, state and national math contests, and much more! More information can be found on [our website](#), and on the Math League Info Night on Sept. 7, 5:30 to 7pm in the PAC. All parents and students are welcome! "

**CVMS Science Olympiad** - Science Olympiad 2023 season is going to start soon. Visit [CVMS SciOly website](#) to fill out the [student interest form](#) for future updates. Sign up to [volunteer and coach an SO event](#) - the best support a parent could provide for their student.

Science Olympiad Informational Night will be held on September 6th from 6-7:30 p.m in the Performing Arts Center (PAC).

**Drop Off/Pick Up Times:** Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a

summary of suggested drop-off and pick-up times that include most of the schedule scenarios our students have for the year:

Students who attend:	Drop off	Pick up
1st period through 6th period	by 8:00 am	<b>after</b> 2:45 pm (after 3:00 is ideal)
1st period with 6th period ISPE	by 8:00 am	Mon - after 1:52 pm, Tue & Thur after 2:45 pm; Wed & Fri after 12:25 pm.
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:30 am	If the last class is: 6th period - after 2:45 pm 5th period - after 2:00 pm

## CVMS Health Office

**Student Medications** - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

### ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent(s) from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: [susan.vieira@sduhsd.net](mailto:susan.vieira@sduhsd.net)**

## Repeated News

### CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

**Email: [cvattendance@sduhsd.net](mailto:cvattendance@sduhsd.net)**

Phone: 858.481.8221 x3011

### **Appointments During School**

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

### **Nutrition Services**

Even in the past four days, the lunch lines have processed faster and faster. Thank you to our Nutrition Services team for providing healthy food options to our students! For more information on Nutrition Services please go to their [website](#). Here are the August and September [Menus](#).

### **No Scented lotions/hand sanitizers**

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

### **Traffic**

Even over the short course of the first four days of school, traffic has improved during drop-off and pick-up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:30 to pick up your child. If you arrive early and park in the pickup lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:30 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

### **Late Start Days**

On our Late Start Days this year, all teachers will be in collaboration meetings. The Learning Commons is open as well as other areas on campus for students to get here early and work on school work. Our first Late Start occurs on August 29th.

### **Optional Chromebook Insurance**

Once again the District Office has partnered with SchoolDeviceCoverage to offer [Optional Chromebook Insurance](#) to all our families. The deadline to register is October 15 and will cover the entire year from the moment of purchase until August 2023.

### **PE Uniforms & Spirit Wear**

If you have not yet purchased your PE uniform or Spirit wear clothing you still have time to purchase them on the [CVMS web store](#) or at the Finance Window. Stop by and see the many selections of Spirit Wear items that we sell this year. Thank you for supporting our CVMS students with your purchase.

## RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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