



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

November 4, 2022

Message from the Principal

Dear Bobcat Families,

We had a great opening night yesterday for our school play, *Alice in Wonderland*! Congratulations to the cast and crew of the production, and to director Ms. Sandy Geminiani for a great first production! The play runs again tonight and tomorrow night (start time 6:30 p.m.) and tickets will be sold at the door for \$15 each (cash or check only please). We hope you will consider joining us and supporting our Drama students in their first major production of the year!

What a fantastic time we had today at La Costa Canyon High School for the SDUHSD Inclusive Basketball Tournament. After a handful of years not being able to have this tournament, it was so nice to see all the students in action, having some friendly competition on the basketball courts with district peers! Thank you to teachers Ms. Lane, Ms. Streufert, and Ms. Anderson, and to all our Instructional Assistants for their work in making sure our students had the opportunity to participate in this magical district event.

Please note that next week's school schedule is different from usual since we do not have school on Friday, November 11th. Monday-Thursday will be alternating block days, starting with a 1/3/5 day on Monday. See the attached schedule on the table to the right for more details.

Lastly, don't forget to set your clocks back one hour this weekend. Have a fantastic weekend, everyone! Go Bobcats!!

Vicki Kim
Principal

Upcoming Events

11/1-11/10	Canned Food Drive
11/4-11/5	School Play - <i>Alice in Wonderland</i>
11/6	Daylight Savings Time Ends - move clocks back 1 hr
11/7-11/10	REVISED SCHEDULE - please note the revised schedule for school next week due to Veterans' Day
11/7 - 11/8	Candy for the Troops Extended
11/11	No School - Veterans Day
11/14-18	Wellness Week

ASB News & Student Activities

Candy for the Troops - We had a great turnout for the letter writing to the Troops (to accompany the candy being sent) and we're so proud of the many students who took the time during lunch to write thank you letters to the troops! Thank you also to PTSA and the parent volunteers who came to help out with the event. CVMS will continue to accept candy donations in the front office until November 8. Please drop off any extra or unwanted candy for our troops to enjoy.

Canned Food Drive 11/1-11/10

For info on where we will be donating and a wish list please click [here](#). We will be holding a friendly class competition through 4th period classes. Class that brings in the most, will win a popsicle party! Thank you in advance for all your support!

Wellness Week Is Coming Nov. 14-18

Check out the fun activities ASB has planned [here](#).

Yearbooks: We only have 70 remaining to sell!!! Buy yours today before it's too late -all sales are online through the attached link at [Jostens](#).

Assistant Principal's Message

E-Bike/E-Scooter Tags

All students that attended our Ebike safety presentation can now stop by the administration building to pick up their green CVMS bike tag. Tags have a registration number that will be associated with your students e-bike or scooter. Students will be required to have a tag in order to be authorized to ride. Please see Mr. Neal and/or Mrs. Pike in the admin building.

Video Gaming in Class

Please remind your student(s) of the acceptable use policy for Chromebook use in the classroom. We have had a significant increase in video gaming in class. This practice is distracting to students and teachers alike and does not promote a suitable learning environment for all. Please support the effort to eliminate gaming in class by discussing the importance of following teacher's directions and acceptable Chromebook use in class.

Traffic Drop-Off and Pick-Up

Please remember to pull all the way through either lane so students are dropped off or picked up beyond the yellow chains. This ensures that students are exiting or entering cars in the safest part of the road as possible and drivers behind you are not surprised if you stop short. Please review the Drop Off/Pick Up chart below for optimal times to get to campus. Thank You!

Have a great weekend all!

Nathan Molina
Assistant Principal

Counseling Update

We are proud to announce the next two speakers in our Career Speaker Series. On November 17th, we will have the firefighters from Engine 24 (along with their rig) to discuss careers in fire fighting. We will also host Scott MacInnis, who manages and builds unmanned aircraft for the US Navy. Students can pick ONE of these speakers to listen to. Registration is now available via the learning commons google classroom (code **wm43xd7**). Please encourage your Bobcat to check out one of our wonderful speakers. While there is

Photo Submission- Please share your Halloween photos of your Bobcat in costume!!! Contribute yearbook photos [here](#)! You can also email me photos at cvyearbook@sduhsd.net.

8th Grade Student Recognition- Parents of 8th graders - You may purchase a Yearbook Recognition Ad for your graduating Bobcat and it will appear in this year's yearbook. Guidelines and ordering details are found [here](#).

STEM Donations

Our CVMS STEM classes are looking for building sets. If you have any old Legos, Tinker Toys, Kinex, wooden blocks or other building type sets that you do not need anymore please consider donating it to CVMS STEM classes. We appreciate all your support!

PTSA News

PTSA Board for the 2023-2024 school year:

This year, the PTSA Executive Board majority consists of parents of 8th grade students. In order to build informed potential members for next year's board, we invite 7th grade parents to learn more about any of our board positions by "shadowing" our current board members for a few weeks this fall or winter. You would not be committed to taking that position next year. You are simply learning about the available positions and how that role on the PTSA works together with all the other roles. You could even try "shadowing" more than one position. You are not expected to attend this year's board meetings, though attending *one* is encouraged. If you are interested, please reach out to our President Leila Currah at cvms.president@gmail.com, or feel free to approach any board member directly to ask about their role.

Music Boosters

Volunteers: The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Thank you for attending this week's coffee concerts! We look forward to seeing you in December!

Upcoming Music events Please mark your calendars for the upcoming Coffee Concerts! 6 PM in the CVMS PAC (5 PM student arrival).

plenty of room, students must pre-register to attend.

If your family is in economic need and would like to be included in holiday support from our PTSA, please call your student's counselor for a confidential discussion about this program.

General News & Info

SDUHSD Virtual Parent Ed Night on Opioid Awareness:

Our district will be providing parent education with Rocky Herron, retired DEA agent. We have scheduled two parent nights, one in English and one in Spanish.

The sessions will be virtual:

English: November 15, 6:00-7:30 p.m.

Spanish, November 16, 6:00-7:30 p.m.

If you would like more information the flyers are below.

[English Flyer](#)

[Spanish Flyer](#)

CVMS Orchestras, Tuesday December 13th

- Bobcat Orchestra
- Symphony Club
- Chamber Orchestra

CVMS Bands, Wednesday, December 14th

- Bobcat Band
- Jazz Band
- Advanced Band

Repeated News

Alice in Wonderland

Please also mark your calendars for our fall play, Alice in Wonderland. The show will run on November 4th and 5th. See [here](#) for more details. Tickets are on sale now at the Finance Window for \$10; they will be \$15 at the door. Make sure to buy your tickets as soon as possible!

Donate to CVMS Music Program and help us reach our \$20,000 Goal! The Music Boosters rely on parent donations to ensure that the art of music is available to all CVMS students for years to come.

Thank you to everyone who has donated to our amazing music program at CVMS so far this school year! Your support enables students to have a robust music program like no other! [Click here!](#)

Shop at Ralphs and give to the CVMS Music Boosters: Ralph's is Giving Back to Our Communities! It's Easy... just shop, swipe your card & earn! For more info [click here](#).

Corporate Matching: Many companies in the area offer a corporate match for its employees' charitable contributions. Please consider inquiring whether your company may provide a corporate match to your tax-deductible 501c contribution to CVMS Music Boosters. For any questions please email Tamila Leychkis: treasurer@cvmsmb.org.

As always, if you have any questions or concerns about the CVMS Music Program, contact Mr. Patterson at alexander.patterson@sduhsd.net or if you have questions about the CVMS Music Boosters and how to volunteer, contact Robert Pisor at president@cvmsmb.org

Health Note: Cold and flu season is here!

Help keep your child and family healthy with these few tips:

- *get a flu vaccine each year
- *cover your mouth with a tissue when coughing or sneezing, or if no tissue, use upper part of sleeve
- *wash your hands with warm soapy water often OR use hand sanitizer if no water/soap is available
- *wipe doorknobs and surfaces with household disinfectant as flu virus can live on surfaces for 24 hours

***STAY HOME** when you are sick and if you have a temperature over 100 degrees. You must be fever free for 24 hours without the aid of fever reducing medication before returning to school.

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent(s) from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: cv.healthoffice@sduhsd.net**

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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