



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

January 13, 2023

Message from the Principal

Dear Bobcat Families,

I hope that everyone had a restful holiday break! We were happy to welcome students back to campus this week with a semester 2 presentation during Advisory. As our students start their second semester, we are already planning for the next one! We will spend the next three months sharing information with elementary schools to help students enroll into 7th grade, working with 7th graders for 8th grade course selection, and last but certainly not least, working with our 8th graders to prepare for high school selection and beyond.

To that end, if you are an 8th grade parent, please mark your calendars for Friday, January 27 when we invite the principals from CCA, TPHS, and Sunset, to share information about their respective schools. The meeting will be from 8:30-9:30 and will be held in the Performing Arts Center. This meeting has typically been a helpful introductory session to learn some basic information about the three schools - their similarities, differences, and aspects of their unique school culture. Please see the Counseling Section of this newsletter below for some other important high school dates. We will follow the "Coffee with the High School Principals" with a PTSA Association Meeting.

A gentle reminder that there is no school on Monday due to MLK day. We will proceed with a regular schedule for the rest of the week.

Have a wonderful and safe 3-day weekend, everyone. Go Bobcats!!

Vicki Kim
Principal

Upcoming Events

1/16	MLK Day - NO SCHOOL
1/23-27	Kindness Week
1/27	Coffee with the High School Principals (8:30 a.m. in the PAC)

ASB News & Student Activities

Welcome back Bobcats and Happy New Year! We have some fun activities planned for you this month including Kindness Week. More info coming next week!

Next Friday will we host a fun lunch for students since we had to cancel the dance before winter break! This will be open to all students and should be lots of fun! A perfect way to kick off Kindness Week the following week.

Spirit Wear: If you are in need of any Spirit Wear items please check out [1st Place Spiritwear](#) for the many selections of on sale for your student. 20% of all sales come back to CVMS.

Yearbooks: Buy yours today before it's too late -all sales are online through the attached link at [Jostens](#).

Photo Submission- We are looking for photos of your Bobcat for three pages: [Birthdays](#), [Winter Sports](#) (field hockey, running club, basketball) and [winter holiday and break!](#) Do you have photos of your Bobcat celebrating a recent birthday, celebrating a December holiday or traveling over break, or moments from any of the BGC winter sports? Please share them and make sure to send us details on the photo. Contribute yearbook photos [here!](#) You can also email me photos at cvyearbook@sduhsd.net.

8th Grade Student Recognition- Parents of 8th graders - You may purchase a Yearbook

Assistant Principal's Message

Happy New Year! Welcome Back!

It is so good to see all of our students back on campus!

Reset of Expectations for Second Semester

On Wednesday, during their advisory period, students reviewed this [slide deck](#) with their teachers.

The purpose was to provide a brief reminder of the expectations in place to make CVMS a safe and welcoming school environment for all students.

E-Bike/E-Scooter Tags

Thank you to all the students who have picked up their bike tags from the front office. We have near 100% participation which is fantastic, but not our goal.

If your student has yet to pick up his or her tag from Mrs. Pike, please have them do so. We want to make sure all our students retain the privilege of riding their e-devices to school.

Tardy Policy

A reminder about the CVMS tardy policy as written in the CVMS Handbook:

"Students will arrive in class on-time, which means seated and prepared by the 2nd bell."

Beginning January 23, students with 3 or more tardies in a two week period will be issued a Thursday morning detention.

Tardiness distracts students and teachers, having a negative impact on the classroom learning environment. The consequence for repeated tardiness is detention, parent contact and a possible referral to the School Attendance Review Board.

Please reinforce with your students the need to be at school on time and prepared.

Nathan Molina
Assistant Principal

Counseling Update

Welcome to Second Semester! This is a great

Recognition Ad for your graduating Bobcat and it will appear in this year's yearbook. Guidelines and ordering details are found [here](#).

General News & Info

The Assitance League of Rancho San Dieguito has a program called [Operation School Bell](#). The goal is To help children thrive and succeed in school by providing new school clothing for those that might have a need. This year they are providing students in need with a Target gift card to purchase new school clothing.

Please email your counselor and let them know if this is something you as a student or your child as a parent could utilize.

PTSA News

PTSA Board for the 2023-2024 school year:

This year, the PTSA Executive Board majority consists of parents of 8th grade students. In order to build informed potential members for next year's board, we invite 7th grade parents to learn more about any of our board positions by "shadowing" our current board members for a few weeks this fall or winter. You would not be committed to taking that position next year. You are simply learning about the available positions and how that role on the PTSA works together with all the other roles. You could even try "shadowing" more than one position. You are not expected to attend this year's board meetings, though attending *one* is encouraged. If you are interested, please reach out to President Leila Currah at cvms.president@gmail.com, or feel free to approach any board member directly to ask about their role.

Music Boosters

Donate to CVMS Music Program and help us reach our \$20,000 Goal!: Give the gift of music this Holiday Season! The Music Boosters rely on parent donations to ensure that the art of music is available to all CVMS students for years to come.

Thank you to everyone who has donated to our amazing music program at CVMS so far this school year! Your support enables students to have a robust music program like no other! [Click here!](#)

Shop at Ralphs and give to the CVMS Music Boosters: Ralph's is Giving Back to Our

time for new beginnings with many important events taking place for our Bobcats.

For our 8th grade families, the High School Selection Window will be opening on January 30th at 8:00 and close on February 17th at 4:00. CVMS Counselors will be speaking with 8th grade classes on the 30th and giving students information about important dates and information about high school and beyond. A virtual information session about CCA on January 19th at 3:30 and a virtual information session about TPHS will be on February 2nd at 6:00. These are designed to help families decide which fit would be the best fit for their students. Information and important dates for the entire high school selection process can be found on the [district website](#).

Current 7th graders will be doing course selection for 8th grade in March- more information to come closer to the selection window.

The process of enrolling incoming 7th graders starts next week. If you or a family member or friend have a student who will be in 7th grade at CVMS next year, please check out our [Future Bobcat Page](#) for important dates and information.

Communities! It's Easy... just shop, swipe your card & earn! For more info [click here](#).

Volunteers: The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Corporate Matching: Many companies in the area offer a corporate match for its employees' charitable contributions. Please consider inquiring whether your company may provide a corporate match to your tax-deductible 501c contribution to CVMS Music Boosters. For any questions please email Tamila Leychkis: treasurer@cvmsmb.org.

As always, if you have any questions or concerns about the CVMS Music Program, contact Mr. Patterson at alexander.patterson@sduhsd.net or if you have questions about the CVMS Music Boosters and how to volunteer, contact Marisela Abasta at president@cvmsmb.org

Repeated News

Health Note: Cold and flu season is here! And the number of COVID positive cases at CVMS and throughout the district are increasing.

Help keep your child and family healthy with these few tips:

- *get a flu vaccine each year
- *cover your mouth with a tissue when coughing or sneezing, or if no tissue, use upper part of sleeve
- *wash your hands with warm soapy water often OR use hand sanitizer if no water/soap is available
- *wipe doorknobs and surfaces with household disinfectant as flu virus can live on surfaces for 24 hours

***STAY HOME** when you are sick and if you have a temperature over 100 degrees. You must be fever free for 24 hours without the aid of fever reducing medication before returning to school.

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year.

Students may NOT carry any medication on campus (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the Health Office to check out from there. ***Students should NOT make arrangements to go home by calling or texting their parent(s) from class.*** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. ***For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 x3014 or email her at: cv.healthoffice@sduhsd.net***

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off-campus pass, please provide the same info as above. Please state the reason, time, and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period, and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

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