



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

September 10, 2021

Message from the Principal

Dear Bobcat Families,

Another great CVMS Welcome Week in the books! Thank you so much to our FANTASTIC ASB group (and advisor Ms. Vermilyea) for showcasing their school spirit and leadership skills this week by planning and implementing some very creative welcome activities for their peers. Special thanks also to our PTSA who provided parent volunteers at our awesome dance party last night!

Hope to see you all at my virtual Coffee with the Principal next Friday. Please be sure to RSVP using the link to the right.

Have a great weekend...Go Bobcats!!!

Vicki Kim
Principal

Assistant Principal's Message

Welcome Week was a huge success! I would like to thank all of our students, staff, and parent volunteers for making this week a special one.

Next week, we will be having the first in a series of emergency drills on campus. Please keep an eye out for an email indicating the date and time of our first drill.

Adam Bishop
Assistant Principal

Counseling Update

Did you know that there are many features

Upcoming Events

9/10	Math League Info Night
Mon 09/13	Picture Make-Ups starting at noon
09/14	Schedule Change NO Assembly Schedule (0/1/3/5 Block Day)
09/14	Kick-off ASB Fundraiser during PAW
09/14	Science Olympiad Info Night
09/17	<u>VIRTUAL Coffee w/Principal 8:45 a.m.</u>
09/17	PTSA Association Meeting (Virtual, immediately after Coffee w/ Principal)
9/20	Late Start - School starts at 10 am

General News & Info

Coffee with the Principal

If you would like to join us for the Coffee with the Principal please complete this [RSVP](#) form. You will receive an invite to the email you used to RSVP prior to the coffee. The link will also be posted on the website the morning of at 8:45 a.m.

[COVID Contact Tracing Information for Parents](#)

Schedule Change - There will **NOT** be an Assembly Schedule on Tuesday, September 14th. It will be a regular 0,1,3,5 day.

Math Tutor Hours

Do you need Math help? You can go to any of [these teachers](#) for any math course! (IM1H students may only go to Webb on Wednesday afternoons or by appointment during lunch.)

PTSA News

embedded into google that can help students easily adapt their technology to better meet their needs? For example, students can make text bigger, add captions and add a wide variety of supports for help with dyslexia and executive functioning skills. Please be sure to check out this link to the [SDUHSD Guide for Students with Disabilities](#) for easy explanations about accessing and using these features and all the features that are available. Your student does not need to be disabled to benefit from these adaptations as they can be beneficial for and are available to all students.

The board approved deadline for schedule changes for the first semester is this Tuesday, September 14th. No level changes will be made after that date until second semester.

A reminder to please complete your data confirmation as soon as possible. If you have not already completed yours, a prompt will appear when you try to access AERIES account and you will need to complete it prior to logging into your AERIES account.

ASB News & Student Activities

ASB Fundraiser

Our school has always relied on fundraising to provide an excellent educational experience for all students. This year is no different. All money will go back to students and help connect students to school!

We will be participating in an all-school virtual kick-off on Tuesday, September 14th at the beginning of PAW.

Please remember to ask YOUR STUDENT about THE GOLDEN TICKET PACKET they will receive immediately after the kick-off.

Math Tutoring Available

Please click [here](#) to see our Math Tutoring Schedule.

Yearbooks can be purchased through Jostens this year and all sales are on-line through the attached link at [Jostens](#). We've already sold 300, and only have 300 remaining to sell!

[Click here to see the recording of last night's Parent Education Night.](#) Dr. Divya Kakaiya led a heartfelt informative session about parenting middle schoolers during this pandemic.

Today during lunch the PTSA set up an informational table in the Quad so students could learn about the **Reflections** program. Encourage your student to fill out [an entry form](#) or click [here](#) to learn about the Reflections program with your student. Hurry! The deadline for project entries is October 12th!

First Meeting for General Membership: Next Friday, 9/17, immediately following Coffee with the Principal. Come learn about our annual budget and upcoming events! Click to read the [tentative 9/17 agenda](#) and the [8/20 board mtg. minutes](#).

New This Year: Instead of paying one lump sum upfront, you can make monthly donations to PTSA to support all the amazing programs we sponsor. Using this PayPal feature, you can donate as little as \$25 per month (or hopefully more)! Please join at www.cvmsptsa.com/ or click on the QR code below:



Red Ribbon Week (anti-drug programming)
If any parents are interested in chairing this year's Red Ribbon Week in October, please reach out to Nina (VP of Programs) at ninadhillon@mac.com. There is a virtual informational meeting with San Dieguito Alliance on how to run this program on 9/23/21 at 11 am and there are already two volunteers on the committee!

Math League Information

CVMS Math League Information Night September 10th, Friday, 7:30 pm ~8:30 pm.

Interested students and parents, please join us online:

Zoom Meeting:

Meeting ID: 860 3380 4057

Passcode: CVMSMath

[Math League Registration Form](#)

LOWEST
PRICE

CVMS Science Olympiad - Mark your calendars! Science Olympiad Informational Night will be held at CVMS Performing Art Center on Tuesday, September 14th from 6-7:30pm. Interested students and parents, please join us! After the SO Info Night, all Science Olympiad related information will be delivered by email to a registered list of participants. To be in the loop: Visit and bookmark [CVMS SciOly website](#) for all related news,

- Fill out [SO student interest google form](#), for future updates,
- Sign up to [volunteer and coach an SO event](#) - the best support a parent could provide for their student.

See you on September 14th!

Repeated News:

National PTA Reflections Art Program - Call for Student Submissions!

Is your student a visual artist? A dance choreographer? A composer, writer, photographer, or filmmaker?

Then submit your work to the National PTA Reflections Art Program for a chance to win prizes, scholarships, and/or have your art included in the national Reflections traveling exhibition.

Your submission should be your artistic interpretation of this year's theme, "**I Will Change the World By...**"

The deadline for submissions is Tuesday, October 12, 2021. Pick up submission guidelines and an entry form in the Main Office.

For more information about past winners, selection criteria, prizes, and scholarships, visit PTA.org/Reflections/Awards.

PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform you still have time to purchase them on the CVMS web store or at the Finance Window. Stop by and see the many selections of Spirit Wear items this year. We accept cash or checks only but the ASB webstore will accept credit cards. Bring in your receipt to fill the order.

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off campus pass, please provide the same info as above. Please state the reason, time and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the health office to check out from there. ***Students should NOT make arrangements to go home by calling or texting their parent from class.*** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: Fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. ***For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 X3014 or email her at: susan.vieira@sduhsd.net***

No Scented lotions/hand sanitizers

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

Refillable Water Bottles

The water fountains on campus remain shut off for safety purposes. However, there are water stations around campus for students to refill their bottles. Please help your student stay hydrated by providing them a fillable water bottle to bring to school. CVMS water bottles are available for purchase in the student store.

SDUHSD is Hiring

The District is seeking candidates to fill positions in a number of areas. Many of these assignments are part-time and work well for parents who would like to follow a school schedule/calendar. For additional information or if you have questions, please contact the Human Resources Department at 760 753 6491 x5543. Links to postings for our greatest needs are:

Instructional Assistants Severe - <https://www.edjoin.org/Home/DistrictJobPosting/1442061>

Instructional Assistants Non-Severe - <https://www.edjoin.org/Home/DistrictJobPosting/1442064>

Substitute Instructional Assts Sp. Ed. <https://www.edjoin.org/Home/DistrictJobPosting/1391232>

Nutrition Services Assistants - <https://www.edjoin.org/Home/DistrictJobPosting/1319367>

Substitute Nutrition Services Assistant - <https://www.edjoin.org/Home/DistrictJobPosting/1319654>

Health Technician - <https://www.edjoin.org/Home/DistrictJobPosting/1458948>

Student Health Care Specialist (LVN/RN) - <https://www.edjoin.org/Home/DistrictJobPosting/1385206>

Substitute Custodian - <https://www.edjoin.org/Home/DistrictJobPosting/1316888>

[SDUHSD Superintendent's August Newsletter 2021](#)

Traffic

Even over the short course of the first four days of school, traffic has improved during drop-off and pick-up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop-off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:50 to pick up your child. If you arrive early and park in the pick-up lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:50 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

Drop Off/Pick Up Times: Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop off and pick up times that includes most of the schedule scenarios our students have for the year:

Students who attend:	Drop off	Pick up
1st period through 6th period	by 8:20 am	after 3:05 pm
1st period with 6th period ISPE	by 8:20 am	Mon - after 2:10 pm, Tue & Thur after 3:05 pm; Wed & Fri after 12:40 pm.
Zero Period through 5th period	by 7:20 am	Mon - after 2:10 pm, Tue & Thur 3:05 pm; Wed & Fri after 12:40 pm.
Zero Period & 5th period ISPE	by 7:20 am	after 12:40 pm if leaving before lunch after 1:20 if leaving after lunch
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:45 am	If the last class is: 6th period - after 3:05 pm 5th period - after 2:20 pm 4th period - after 1:35 pm

SPIRIT WEAR & PE Clothing

CHECK OUT THE NEW SPIRIT WEAR STORE IN THE ADMIN OFFICE!!

These can be purchased through the [ASB Webstore](#), or at the Finance Window.

RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

[Covid-19 Resources](#)

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