



# Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

September 24, 2021

## Message from the Principal

Dear Bobcat Families,

Yesterday, I sent out our [Safe and Welcoming School](#) presentation that was shown to students yesterday during PAW. If you haven't already, please do take some time to review the presentation and have a conversation with your student about appropriate behavior on campus and the importance of being an upstander instead of a bystander. Let's continue to support each other in creating and maintaining a positive learning environment for all!

Our first Bobcat Brag Party will be on Wednesday during PAW. Student who receive a Bobcat Brag Card from their teacher will be invited to the quad to celebrate this monthly recognition! Staff on campus can choose to recognize a student for excellent character in the following categories: trustworthiness, respect, responsibility, fairness, caring, and citizenship. This is a monthly opportunity, so if your student does not get recognized this month, they have plenty more opportunities for it!

Have a great weekend...Go Bobcats!!!

*Vicki Kim*  
Principal

## Counseling Update

We held our [Suicide Prevention and Awareness Presentations](#) on Monday and they were very well received. If you would like to view the slide deck that we shared, please click on the link or go to the presentation tab on the

## Upcoming Events

9/27	<b>Single Period Day</b>
9/28	<b>Turn In Day for ASB Fundraiser</b>
9/29	<b>Bobcat Brag Party during PAW</b>
10/4	<b>Late Start - 10:00 a.m.</b>

## General News & Info

Please click on this link to learn how you can [access CVMS Counseling Staff!](#)

Here is the [LINK](#) for the SDUHSD Covid testing available to staff and students. Pre-registration is required using the link in the flyer.

## ASB News & Student Activities

### ASB Fundraiser

Thank you to all who have already supported the Step It Up fundraiser! We can't do it without you! You can still sign up and help earn money for CVMS. [Sign up here.](#)

**Sports photos???** Is your child participating in one of the Big 8 Middle School after-school fall sports (cross country, flag football, golf, volleyball)? The yearbook would love your photos! Please submit them [here](#).

**Yearbooks** can be purchased through Jostens this year and all sales are on-line through the attached link at [Jostens](#). We only have 250 remaining to sell!

## PTSA News

If any parents would like to **join our Family Fun Night planning committee**, we will have our first

counseling office website. If you would like more information, click on the link for a [suicide prevention resource for parents and guardians](#) from Directing Change.

"D" and "F" grades for the first progress reporting period have been posted on AERIES. Please check under the "Grade" tab on AERIES. If your student is not getting the grades that they expected, it may be a good time to reassess what is working and not working. Are students completing all assignments and turning them in on time? If not, why? ARE they studying for assessments and HOW are they studying for tests and quizzes? Do notebooks and backpacks need to be reorganized? Please keep in mind that this early in the year, grades are often skewed due to the lower number of tests, quizzes and assignments given. Please encourage your bobcat that it is NOT too late to turn things around and now is the perfect time to start. It is still important that we monitor our student's AERIES and google classrooms so we know what they need to turn in and how they are progressing in what they have completed.

meeting on Monday, 9/27, from 7:00-7:30 pm via Zoom. Please email Michelle Hoyt to request the Zoom link! ([hoytmr@gmail.com](mailto:hoytmr@gmail.com))

### **Mark your calendars for the next two Parent Education Nights:**

1. Tues. 10/12 at 6:00 pm, Dr. Christine Carter (author of *The New Adolescence: Raising Happy and Successful Teens in the Age of Anxiety and Distraction*) [Click here to RSVP](#) so you get the link for this virtual event.
2. Wed. 11/3, Adria O'Donnell (topic TBA)

This past Thursday volunteers were in the Quad again during lunch handing out registration packets for **Reflections**. Projects may include dance choreography, literature, photography, film production, music composition, visual arts, or special arts. Please remember that all projects and paperwork are **due by October 12** to Ms. Roberta in the office! Encourage your student to fill out [an entry form](#) or click [here](#) to learn more about it together. Contact [Katie Iannitelli](#) with questions.

### **Support the PTSA!**

Please remember that if you join the PTSA, you can choose to support us financially without attending any meetings or volunteering for anything. Your money helps us support all the wonderful upcoming events like Family Fun Night, Reflections, teacher mini-grants, and so much more! Visit the [PTSA's donation page](#) or click on this [qr-code](#).

### **Repeated News:**

[SDUHSD offers COVID testing](#) on-site at 6 different locations throughout the district. This testing is for SDUHSD students and staff.

[COVID Contact Tracing Information for Parents](#)

[COVID-19 Decision Trees](#)

### **Math Tutor Hours**

Do you need Math help? You can go to any of [these teachers](#) for any math course! (IM1H students may only go to Webb on Wednesday afternoons or by appointment during lunch.)

### **National PTA Reflections Art Program - Call for Student Submissions!**

Is your student a visual artist? A dance choreographer? A composer, writer, photographer, or filmmaker?

Then submit your work to the National PTA Reflections Art Program for a chance to win prizes, scholarships, and/or have your art included in the national Reflections traveling exhibition.

Your submission should be your artistic interpretation of this year's theme, "**I Will Change the**

## World By..."

The deadline for submissions is Tuesday, October 12, 2021. Pick up submission guidelines and an entry form in the Main Office.

For more information about past winners, selection criteria, prizes, and scholarships, visit [PTA.org/Reflections/Awards](http://PTA.org/Reflections/Awards).

## PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform you still have time to purchase them on the CVMS web store or at the Finance Window. Stop by and see the many selections of Spirit Wear items this year. We accept cash or checks only but the ASB webstore will accept credit cards. Bring in your receipt to fill the order.

## CVMS Attendance

If your student will be absent from school, leaving early, or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to the student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above-listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

**Email:** [cvattendance@sduhsd.net](mailto:cvattendance@sduhsd.net)

Phone: 858.481.8221 x3011

## Appointments During School

If your student is leaving early with an off campus pass, please provide the same info as above. Please state the reason, time and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

**Student Medications** - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

## ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the health office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: Fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more**

**information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 X3014 or email her at: [susan.vieira@sduhsd.net](mailto:susan.vieira@sduhsd.net)**

### **No Scented lotions/hand sanitizers**

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

### **SDUHSD is Hiring**

The District is seeking candidates to fill positions in a number of areas. Many of these assignments are part-time and work well for parents who would like to follow a school schedule/calendar. For additional information or if you have questions, please contact the Human Resources Department at 760 753 6491 x5543. Links to postings for our greatest needs are:

Instructional Assistants Severe - <https://www.edjoin.org/Home/DistrictJobPosting/1442061>

Instructional Assistants Non-Severe - <https://www.edjoin.org/Home/DistrictJobPosting/1442064>

Substitute Instructional Assts Sp. Ed. <https://www.edjoin.org/Home/DistrictJobPosting/1391232>

Nutrition Services Assistants - <https://www.edjoin.org/Home/DistrictJobPosting/1319367>

Substitute Nutrition Services Assistant - <https://www.edjoin.org/Home/DistrictJobPosting/1319654>

Health Technician - <https://www.edjoin.org/Home/DistrictJobPosting/1458948>

Student Health Care Specialist (LVN/RN) - <https://www.edjoin.org/Home/DistrictJobPosting/1385206>

Substitute Custodian - <https://www.edjoin.org/Home/DistrictJobPosting/1316888>

### [SDUHSD Superintendent's August Newsletter 2021](#)

### **Traffic**

Even over the short course of the first four days of school, traffic has improved during drop-off and pick-up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop-off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:50 to pick up your child. If you arrive early and park in the pick-up lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:50 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

**Drop Off/Pick Up Times:** Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop off and pick up times that includes most of the schedule scenarios our students have for the year:

<b>Students who attend:</b>	<b>Drop off</b>	<b>Pick up</b>
1st period through 6th period	by 8:20 am	<b>after</b> 3:05 pm
1st period with 6th period ISPE	by 8:20 am	Mon - after 2:10 pm, Tue & Thur after 3:05 pm; Wed & Fri after 12:40 pm.

Zero Period through 5th period	by 7:20 am	Mon - after 2:10 pm, Tue & Thur 3:05 pm; Wed & Fri after 12:40 pm.
Zero Period & 5th period ISPE	by 7:20 am	after 12:40 pm if leaving before lunch after 1:20 if leaving after lunch
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:45 am	If the last class is: 6th period - after 3:05 pm 5th period - after 2:20 pm 4th period - after 1:35 pm

**SPIRIT WEAR & PE Clothing**

**CHECK OUT THE NEW SPIRIT WEAR STORE IN THE ADMIN OFFICE!!**

**These can be purchased through the [ASB Webstore](#), or at the Finance Window.**

**RESOURCES & LINKS**

**[CVMS Website](#)**

**[CVMS Bell Schedule](#)**

**[SDUHSD Website](#)**

**[CVMS Calendar](#)**

**[CVMS PTSA](#)**

**[Covid-19 Resources](#)**

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