



# Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

August 27, 2021

## Message from the Principal

Dear Bobcat Families,

We continue to be grateful to have our kids back on campus and to be able to provide our kids with some normalcy. Thank you to our parents who continue to be diligent about not sending kids who have any symptoms that are related to COVID 19. As I shared last week, we follow the [COVID 19 K-12 Decision Trees](#) to determine when a student may return back to campus. We understand that it's not easy to have a lengthy stay out of school, but we follow the direction of CDPH and SDCOE to help keep all students and staff safer and to help keep our schools open. For students who are asymptomatic but are identified as close contacts, [here](#) is a helpful visual of quarantine options. Thank you to everyone who has handled this with grace and kindness as it is not an easy task for any of our staff to inform a student that they have to quarantine.

On Thursday, Sept. 2, we will have our annual Back to School Night. This event has been changed to a virtual event. Please see this flyer for more information about [CVMS Back to School Night 2021](#).

This Monday will be our first Late Start Monday. Classes begin at 10:00 a.m. and 0 period does not meet on Late Start Mondays. Students do not need to be here any earlier than 9:45 a.m. If they do arrive earlier, please send them to the Learning Commons, which will be open at 7:30 a.m. Also, as a friendly reminder, breakfast will not be served on Late Start Mondays.

Have a great weekend...Go Bobcats!!!

Vicki Kim  
Principal

## Upcoming Events

Fri 08/27	<b>Site Council Ballots Due to Office</b>
Mon 08/30	<b>Late Start - Single Period</b>
Thur 09/02	<b>Back to School Night - Virtual</b>
Fri 09/03	<b>PJ Day</b>
Mon 09/06	<b>Labor Day - NO SCHOOL</b>
09/07-09/10	<b>Welcome Week</b>
09/08	<b>Club Day</b>
09/09	<b>Back to School Dance 5-7pm</b>
09/09	<b>PTSA Parent Ed Night - Virtual</b>

## ASB News & Student Activities

### CLUB DAY IS COMING on Sept. 8!

If a student is interested in starting a new club at CVMS this year, applications are located in the Administration office. Students must have a teacher or staff member as their club advisor for the entire school year. All applications must be turned in no later than September 3rd. If you have any questions please stop by the Administration Office.

### Welcome Week

Be on the lookout for **Welcome Week** (9/7-9/10). ASB has planned a lot of fun activities to welcome Bobcats back to CVMS including lunch activities and our **1st Dance Party** on Thursday 9/9/21 from 5-7pm. Dance will take place in the CVMS quad, masks will be required unless eating or drinking in the designated food area.

## PTSA News

Thank you to everyone who has already joined the PTSA--your contributions and time are so appreciated! Not a member yet? Please join here:

## Assistant Principal's Message

We are just wrapping up another successful week here at CVMS. We appreciate all of your support and patience this year as we all adjust to being back at school full time.

Traffic conditions during drop-off and pick-up continue to be a challenge, but we have seen improvement over the last two weeks. Just a reminder: as you enter the campus, please remember to pull forward as far as possible to pick up students near the PAC/Gym. Please do not stop in front of the administration office unless directed to do so by a member of the staff. Also, to lessen the amount of cars we have on campus at any given time, and to shorten the amount of time you might be sitting in the traffic lanes, please consider picking up a few minutes late in the afternoon. Traffic has usually cleared out completely by 3:20 every day.

If your student is riding a bike, scooter, or skateboard to campus, please remind them that helmets need to be worn properly. We have seen a recent increase of students carrying their helmets while riding. A helmet is only effective if it is on their head.

## Counseling Update

We are having many students come to the office for help logging into AERIES. While we are always happy to help and some students do need assistance due to systemic errors, the vast majority of the help needed can easily be done by families at home. Please encourage your students to use the [SDUSHD Tech Hub](#) to troubleshoot computer issues. We are finding most students simply need to reset their passwords as they have been forgotten or not set up correctly initially. Many students are simply googling AERIES in order to log in and winding up in a different school district. Please encourage them to use their my.sduhsd.net log in.

The beginning of the school year is often a time when students are trying to find connections here at CVMS. As counselors, we are here to support students and connect them to something they may enjoy and makes school something more than attending classes.

<https://www.cvmspts.com/>

Together we can make a difference for our amazing kids, teachers, staff and families at CVMS!

Click [here](#) for information about our 9/9/21 Parent Education Night speaker, on a very timely topic: [Returning to a 'New Normal' \(Will It Ever Be Normal?\)](#)

**CVMS Science Olympiad** - Mark your calendars! Science Olympiad Informational Night will be held at CVMS Performing Art Center on Tuesday, September 14th from 6-7:30pm. Interested students and parents, please join us! After the SO Info Night, all Science Olympiad related information will be delivered by email to a registered list of participants. To be in the loop: Visit and bookmark [CVMS SciOly website](#) for all related news,

- Fill out [SO student interest google form](#), for future updates,
- Sign up to [volunteer and coach an SO event](#) - the best support a parent could provide for their student.

See you on September 14th!

## General News & Info

### Late Start Days

On our Late Start Days, all teachers will be in collaboration meetings. Zero Period does not meet on these days and period 1 starts at 10:00 a.m. However, we will have the Learning Commons open as well as other areas on campus for students to get here early and work on school work. Our first Late Start occurs on August 30th.

### PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform you still have time to purchase them on the CVMS web store or at the Finance Window. Stop by and see the many selections of Spirit Wear items this year. We accept cash or checks only but the ASB webstore will accept credit cards. Bring in your receipt to fill the order.

**Yearbooks** can be purchased through Jostens this year and all sales are on-line through the attached link at [Jostens](#). Cost is \$55.00 for a limited time, and only a limited supply will be ordered this year. Don't be left out so order yours now!

As you have probably seen, Club Day will be September 8th and this is a great opportunity to make friends who share common interests. We have opened The Bobcat Backyard each Tuesday and Thursday at lunch. This week, we started our first New Student Club, specifically aimed at students who are new to the area or did not attend one of our feeder schools. We will continue to hold this group each week for the next few weeks. If your student is struggling to connect, please contact their counselor and we will be happy to help.



Parents - Yearbook would love a **First Day of School photo** of your student, and we now have an online portal for you to use. Contribute yearbook photos [here!](#)

## Repeated News:

### CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

**Email:** [cvattendance@sduhsd.net](mailto:cvattendance@sduhsd.net)

Phone: 858.481.8221 x3011

### Appointments During School

If your student is leaving early with an off campus pass, please provide the same info as above. Please state the reason, time and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

**Student Medications** - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor. Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year. **Students may NOT carry any medication on campus** (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

### ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the health office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: Fever has subsided (without fever reducing medications),

vomiting has stopped, or starting antibiotics, including those for eye and skin infections. **For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 X3014 or email her at: [susan.vieira@sduhsd.net](mailto:susan.vieira@sduhsd.net)**

### **No Scented lotions/hand sanitizers**

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

### **Refillable Water Bottles**

The water fountains on campus remain shut off for safety purposes. However, there are water stations around campus for students to refill their bottles. Please help your student stay hydrated by providing them a fillable water bottle to bring to school. CVMS water bottles are available for purchase in the student store.

### **Traffic**

Even over the short course of the first four days of school, traffic has improved during drop-off and pick-up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop-off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:50 to pick up your child. If you arrive early and park in the pick-up lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:50 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

**Drop Off/Pick Up Times:** Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop off and pick up times that includes most of the schedule scenarios our students have for the year:

<b>Students who attend:</b>	<b>Drop off</b>	<b>Pick up</b>
1st period through 6th period	by 8:20 am	<b>after</b> 3:05 pm
1st period with 6th period ISPE	by 8:20 am	Mon - after 2:10 pm, Tue & Thur after 3:05 pm; Wed & Fri after 12:40 pm.
Zero Period through 5th period	by 7:20 am	Mon - after 2:10 pm, Tue & Thur 3:05 pm; Wed & Fri after 12:40 pm.
Zero Period & 5th period ISPE	by 7:20 am	after 12:40 pm if leaving before lunch after 1:20 if leaving after lunch
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:45 am	If the last class is: 6th period - after 3:05 pm 5th period - after 2:20 pm

***SPIRIT WEAR & PE Clothing***

**CHECK OUT THE NEW SPIRIT WEAR STORE IN THE ADMIN OFFICE!!**

**These can be purchased through the [ASB Webstore](#), or at the Finance Window.**

**RESOURCES & LINKS**

**[CVMS Website](#)**

**[CVMS Bell Schedule](#)**

**[SDUHSD Website](#)**

**[CVMS Calendar](#)**

**[CVMS PTSA](#)**

**[Covid-19 Resources](#)**

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