



Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District

August 20, 2021

Message from the Principal

Dear Bobcat Families,

Welcome to our first weekly newsletter of the year! We will send out a newsletter at the end of every week when school is in session to provide you with school news and announcements for upcoming events. Please be sure to read the newsletter in its entirety, as each department represented here has their own announcements to share. This newsletter will be the primary method of regular communication from the school.

What a great time we have had this week welcoming our students back to campus in the most "normal-ish" setting we could provide. Simply seeing "kids be kids" all week just warmed my heart. We know it was a big transition and a week of many emotions, but overall, it was a success! It takes a village to open a school and keep it open, and I am so very grateful for the folks who made our school opening a success: our dedicated faculty and staff, our committed PTSA, and our amazing students who brought life back onto our campus.

As we are all enjoying being back at school and returning to some sense of normalcy, I cannot stress enough the importance of keeping sick kids at home. If your student is experiencing any [symptom of COVID-19](#), please play it safe and keep your student at home. This is a crucial component in keeping all our students safe and keeping our school open. I thank all of you for your care and cooperation in this effort.

One final note: our Back to School Night (BTSN) this year will be done virtually. Please reference the note that was sent from the district earlier this afternoon. We will send out

Upcoming Events

Mon 08/23	Single Period Day School Pictures
Fri 08/27	Site Council Ballots Due to Office
Mon 08/30	Late Start - Single Period
Thur 09/02	Back to School Night - Virtual
Mon 09/06	Labor Day - NO SCHOOL!

General News & Info

Say "CHEESE!"

School pictures will be taken on **Monday, August 23rd during your student's PE class.**

ISPE students will report to the GYM during their scheduled ISPE period for school pictures. 5th and 6th period ISPE students will be free to leave after they've had their pictures taken, however due to the number of students taking their photo at that time, it may take them to the end of school. School pictures will be taken outdoors.

No Scented lotions/hand sanitizers

A gentle reminder to not use any scented lotions and/or scented hand sanitizers at school. What may be pleasant to one individual may be unpleasant to another, and in extreme cases, could cause an allergic reaction. We have unscented hand sanitizers at school available for student use.

Refillable Water Bottles

The water fountains on campus remain shut off for safety purposes. However, there are water stations around campus for students to refill their bottles. Please help your student stay hydrated by providing them a fillable water bottle to bring to school. CVMS water bottles are available for purchase in the student store.

Traffic

Even over the short course of the first four days of

CVMS BTSN details next week.

As many of the kids so aptly answered when I asked how this week was going, the week was "fun but tiring!" We hope everyone gets some well-earned downtime this weekend! GO Bobcats!!

Vicki Kim
Principal

Assistant Principal's Message

We will begin administering the STAR assessment in English and Math to all students next week (8/23 - 8/27). This assessment provides baseline data for each student, which will serve to help drive instructional planning and delivery over the course of the first semester.

This year, all students will have the opportunity to digitally access their SDUHSD Math Modules online using their district-issued Chromebooks. Parents who wish to review or print copies of the modules can access them on the [SDUHSD Math Curriculum Support Website](#).

Counseling Update

Welcome Back from the Counseling department! Thank you for all of your help and support as students worked their way through the first week of school. We are very happy to welcome Melissa Moorer, our counselor for families whose last names begin with A-I. Karen Infantino will be working with families whose last names are J-Z and all ELL students.

We were able to open our Bobcat Backyard (room 704) on Thursday during lunch for the first time since March 2019 and had a great turn out! Students can come to meet new people, play games, make puzzles, sit in comfortable chairs to read or even talk with their friends. It is a great option for those students who may be overwhelmed by the "lunch scene", especially during the first weeks of school. We will be open each Tuesday and Thursday during lunch. If you have any age appropriate games or puzzles, we'd be happy to have them. All we ask is that all pieces and parts are there.

If your student is still experiencing scheduling

school, traffic has improved during drop off and pick up times. Thank you to everyone who continues to pull up as far as possible to drop off and/or pick up your child. This absolutely helps the flow of traffic and makes it a smoother process for everyone. There may be times when a staff member motions you to drop your child off before the start of the drop off zone, but please do not do this unless directed by a staff member.

If possible, please have your child exit the right-hand side of your car as this is the safest side for your child to exit. If your child is exiting your car on the outside lane, please remind them to stop and make eye contact with the driver of the car in the inside lane BEFORE they walk in front of said car.

As tempting as it is to come to school early to pick up your child, please try to avoid coming earlier than 2:50 to pick up your child. If you arrive early and park in the pick up lane, we reserve the right to ask you to move and either find a parking spot in the lot or make another loop around to pick up your child (like they do at the airport when you're waiting too long for the person you're picking up :)). On a related note, we will always try to keep the outside lane clear until 2:50 to allow for any cars trying to get to the Boys and Girls Club or Montessori School.

Late Start Days

On our Late Start Days this year, all teachers will be in collaboration meetings. To accomplish this goal, we will not have a Zero Period on these days. However, we will have the Learning Commons open as well as other areas on campus for students to get here early and work on school work. Our first Late Start occurs on August 30th.

PE Uniforms & Spirit Wear

If you have not yet purchased your PE uniform you still have time to purchase them on the CVMS web store or at the Finance Window. Stop by and see the many selections of Spirit Wear items this year. We accept cash or checks only but the ASB webstore will accept credit cards. Bring in your receipt to fill the order.



issues, please have them come down to the counseling office ASAP.

We are here to help you support your students socially and academically, so please don't hesitate to reach out to us throughout the year.

CVMS Attendance

If your student will be absent from school, leaving early or arriving late, please notify our Attendance Office IN ADVANCE by email or phone. To report an absence please be prepared with:

- Student's name (with spelling) and Student ID #
- Your name and relationship to student
- The reason for the absence
- The date of the absence
- A contact phone number

When emailing, please specify in the subject line "Absence" and include the above listed information. For absences related to illness, please contact the attendance office for each day your student is absent. For personal business absences, such as travel, one email is sufficient with the reason and dates your student is absent.

Email: cvattendance@sduhsd.net

Phone: 858.481.8221 x3011

Appointments During School

If your student is leaving early with an off campus pass, please provide the same info as above. Please state the reason, time and if they are returning. After you have done this, please ask your student to pick up their off-campus pass from the front office before school, passing period and lunch.

If your student is going to be picked up early from school by one of your emergency contacts, please inform the front office via phone or email ahead of time.

CVMS Health Office

Student Medications - Students who take continuing prescribed or over the counter medication during school hours will need an [Authorization to Administer Medication form](#) filled out and signed by a parent and doctor.

Yearbooks can be purchased through Jostens this year and all sales are on-line through the attached link at [Jostens](#). Cost is \$55.00 for a limited time, and only a limited supply will be ordered this year. Don't be left out so order yours now!

Parents - Yearbook would love a **First Day of School photo** of your student, and we now have an online portal for you to use. Contribute yearbook photos [here!](#)

ASB News & Student Activities

CLUB DAY IS COMING!

If a student is interested in starting a new club at CVMS this year, applications are located in the Administration office. Students must have a teacher or staff member as their club advisor for the entire school year. All applications must be turned in no later than September 3rd. If you have any questions please stop by the Administration Office.

Welcome Week

Be on the lookout for **Welcome Week** (9/7-9/10). ASB has planned a lot of fun activities to welcome Bobcats back to CVMS including lunch activities and our **1st Dance Party** on Thursday 9/9/21.

ASB FUNDRAISER

The CVMS fundraiser will kick off on Tuesday, September 14th. This is an assembly day schedule so students will get all information during their assembly session. Please be sure to ask them how you can help CVMS! ISPE students are encouraged to stay and attend during the 1st assembly. If they are unable to stay they can pick up fundraiser materials from the front office. All funds raised go directly back to students for lunch activities, spirit week, red ribbon week, after school events such as dances and movie nights, and support with materials on campus such as books, tech equipment and more. Thank you for your support!

PTSA News

Welcome to the 2021-22 school year!

Your CVMS PTSA needs you. With your support, we provide our students the tools and experiences

Turn in completed forms and medications to the Health Office. Please note that a new form is required for each new school year.

Students may NOT carry any medication on campus (with the exception of asthma inhalers and Epipens, provided the required forms are on file with the Health Office).

ILL OR INJURED STUDENTS

If a student becomes ill or injured during the day, it is important they ask their teacher for a pass to the health office to check out from there. **Students should NOT make arrangements to go home by calling or texting their parent from class.** If it is determined that they need to go home, a parent, guardian, or emergency contact will be notified. Keep your student home for 24 hours after the following conditions: Fever has subsided (without fever reducing medications), vomiting has stopped, or starting antibiotics, including those for eye and skin infections.

For more information, contact CVMS Health Technician Susan Vieira, at 858-481-8221 X3014 or email her at: susan.vieira@sduhsd.net

needed to learn, succeed, explore and connect. We also provide our staff with impactful classroom supplies. Finally, we aid the middle school parenting journey via parent education nights and family events. By joining the PTSA, you offer a trifecta of support!

While the CVMS Family Social on August 4th was a huge success, it was an event only made possible by PTSA. For information on how to support our school community, go to www.cvmsptsa.com.

THANK YOU to all the families who have already joined and donated for the 2021-22 school year! While we welcome you to join at any time, if you join by 9/2/21 you may be eligible to enter some raffle drawings.

Regardless of membership status, sharing your input via our [Parent Survey](#) will automatically enter you into a raffle of your choice. Don't delay, support us today!

CVMS Science Olympiad - Mark your calendars! Science Olympiad Informational Night will be held at CVMS Performing Art Center on Tuesday, September 14th from 6-7:30pm. Interested students and parents, please join us! After the SO Info Night, all Science Olympiad related information will be delivered by email to a registered list of participants. To be in the loop: Visit and bookmark [CVMS SciOly website](#) for all related news,

- Fill out [SO student interest google form](#), for future updates,
- Sign up to [volunteer and coach an SO event](#) - the best support a parent could provide for their student.

See you on September 14th!

Drop Off/Pick Up Times: Depending on your child's schedule, it can be confusing in determining what time your child is supposed to be dropped off and picked up from school each day. Below is a summary of suggested drop off and pick up times that includes most of the schedule scenarios our students have for the year:

Students who attend:	Drop off	Pick up
1st period through 6th period	by 8:20 am	after 3:05 pm
1st period with 6th period ISPE	by 8:20 am	Mon - after 2:10 pm, Tue & Thur after 3:05 pm; Wed & Fri after 12:40 pm.

Zero Period through 5th period	by 7:20 am	Mon - after 2:10 pm, Tue & Thur 3:05 pm; Wed & Fri after 12:40 pm.
Zero Period & 5th period ISPE	by 7:20 am	after 12:40 pm if leaving before lunch after 1:20 if leaving after lunch
*LATE START MONDAYS - see attached calendar for schedule	ALL Students: by 9:45 am	If the last class is: 6th period - after 3:05 pm 5th period - after 2:20 pm 4th period - after 1:35 pm

SPIRIT WEAR & PE Clothing

CHECK OUT THE NEW SPIRIT WEAR STORE IN THE ADMIN OFFICE!!

These can be purchased through the [ASB Webstore](#), or at the Finance Window.

RESOURCES & LINKS

[CVMS Website](#)

[CVMS Bell Schedule](#)

[SDUHSD Website](#)

[CVMS Calendar](#)

[CVMS PTSA](#)

[Covid-19 Resources](#)

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