

**SDUHSD Middle School Distance Learning Schedule
Block Periods M/T/H/F & Wellness Wednesdays**

Class Times	Monday (1/3/5)	Tuesday (2/4/6)	Wellness Wednesday* Advisory (40 min) + Single Period (35 min)		Thursday (1/3/5)	Friday (2/4/6)
8:30 - 9:50 (80 min)	Period 1	Period 2	8:30 - 9:10	Advisory*	Period 1	Period 2
9:50 - 10:10 (20 min)	Break	Break	9:10 - 9:45	Period 1	Break	Break
10:10 - 11:30 (80 min)	Period 3	Period 4	9:45 - 10:20	Period 2	Period 3	Period 4
11:30 - 12:15 (45 min)	Lunch	Lunch	10:20 - 10:35	Break	Lunch	Lunch
12:15 - 1:35 (80 min)	Period 5	Period 6	10:35 - 11:10	Period 3	Period 5	Period 6
1:35 - 2:55 (80 min)	<ul style="list-style-type: none"> ● Students complete assignments ● Targeted student support in academics & social/emotional needs ● Teachers contact parents ● Student activities/clubs ● Staff Collaboration 		11:10 - 11:45	Period 4	<ul style="list-style-type: none"> ● Students complete assignments ● Targeted student support academics & social/emotional needs ● Teachers contact parents ● Student activities/clubs ● Staff Collaboration 	
			11:45 - 12:30	Lunch		
			12:30 - 1:05	Period 5		
			1:05 - 1:40	Period 6		
			1:40 - 2:55	<ul style="list-style-type: none"> ● Targeted - SEL support ● Staff Collaboration 		

Block Periods – Up to 50 min synchronous & 30+ min asynchronous
Student Support Afternoons – Asynchronous & Independent learning time for students with subject/period specific support each day; will also include student activities (ASB, clubs, etc.)

***Wed. Advisory Period (40 min.) may include:**
 SEL Lesson, Student Activities, School-wide activities, Student Check-in & Support by counselors or support providers