

High School Planning

An Introduction for CVMS Families

A Presentation from CMVS Counselors Toni Zurcher & Karen Infantino

GETTING READY FOR HS

- * Graduation requirements
- * Typical 9th grade schedule
- * Preparing for College
- * Post High School Options

CVMS Counselors & Principal

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To Earn High School Diploma...

- * Students must pass all required subjects
- * Earn 230 credits
- * Pass Integrated Math I

Credits

- * Each semester class = 5 credits (10 at Academies)
- * If you take 6 classes per semester (traditional schedule at TPHS), you will earn 30 credits per semester/60 per year. (At academies, students complete 40 credits per semester/ 80 per year)
- * You must earn a total of 230 credits to graduate from high school

Graduation Subject Requirements

- * Obviously, students can't get a diploma by taking 230 credits in PE alone (although they would be in great shape!), so there are certain required courses.
- * This is important! "D" is a passing grade for a diploma, but not for college acceptance

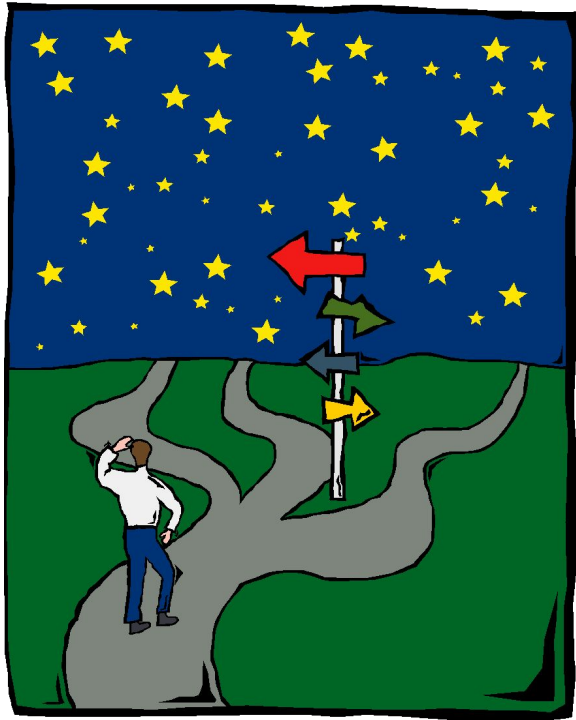
Graduation Subject Requirements....

- *Four years of English (40 credits)
- *Three years of Math (30 credits)
- *History – 3 years to include World History, US History and Govt./Economics (30 credits)
- *Science – 2 years (20 credits)
- *PE – 20 credits required

More graduation subject requirements...

- * Health – Integrated into Year One PE
- * Career Technology (CTE) – 10 credits from Business, Technology, etc
- * Visual and Performing Arts (VPA) – 10 credits, from drama, music, art, dance
- * Electives – 70 credits

The Four Systems of Higher Education in California



- ❖ California State University (CSU)
- ❖ University of California (UC)
- ❖ Private and Independent Colleges
- ❖ Community Colleges

Freshmen Admission Requirements Overview for CSU/UC

- * a-g course completion
- * Grades in a-g courses and Test Scores (SAT or ACT)
- * Graduation from high school
- * Standards may differ from campus to campus for particular majors and for students who live outside the local admission area
- * Some campuses have higher and/or additional admission requirements (research before applying)

23 CAMPUSES
Over 445,000 students



SAN DIEGO STATE UNIVERSITY



Alma Mater & Fight Song



CSU Stanislaus



9 Undergraduate Campuses

UCIrvine



Berkeley
University of California



UNIVERSITY OF CALIFORNIA, SANTA BARBARA



UCSD



UCMERCED

UCDAVIS



UNIVERSITY OF CALIFORNIA Riverside



SANTA CRUZ



Private and Independent Colleges and Universities

- ❖ 75 + in California have similar admissions requirements to CSU and UC systems, but research for specific requirements
- ❖ Offer grants and scholarships similar to public universities
- ❖ Many have smaller campuses and overall smaller classes than CSU or UC schools



PEPPERDINE UNIVERSITY



BIOLA
UNIVERSITY

UNIVERSITY OF
RRedlands

UC/CSU A-G Subject Admission Requirements

- * The California State University system and University of California system have the same subject requirements. They differ in other ways, such as GPA and SAT score expectations.
- * All students are encouraged to attempt to meet these A-G subject requirements.
- * Students must earn at least a “C” to meet admission requirements.
- * College prep classes that will satisfy A-G requirements usually have a “P” in the title.

A-G Subject Requirements

- * **A - History** 2 Years to include US History and World History (both are grad requirements)
- * **B - English** 4 Years (also a grad requirement)
- * **C - Math** 3 Years (4th year recommended)
- * **D - Lab Science** 2 Years (3 recommended: Biology, Chemistry, Physics)
- * **E - World language** 2 years required, 3 years highly recommended
- * **F - Visual and Performing Art** 1 year
- * **G - College prep elective** 1 year (any extra year of above subjects, such as an English elective like Journalism, and extra science, etc.)

College Testing

- * SAT Reasoning Test: Includes Evidence-Based Reading and Writing
 - * Reading Test
 - * Writing and Language Test
 - * Math
 - * Essay (optional)
- * ACT: Includes 5 sections: English, Math, Reading, Scientific Reasoning and an optional writing section.
- * SAT Subject Tests: One-hour test in specific subject area (UC's and some private colleges require these).

Community College

- * Any CA resident 18 years or older can attend a 2 year community college.
- * Community colleges save \$ (big bucks) and are a wonderful option.
- * Some community colleges offer guaranteed admissions agreements to transfer to some four-year universities.
- * Community Colleges offer Associate degree programs and Occupational programs.

San Diego County Community Colleges



Private Career and Technical Schools



- * Examples: Automotive mechanics, technology, computer science, cosmetology.
- * Length of course varies from a few weeks to two years.
- * Students often earn a Certified Training certificate which can qualify them for certain jobs.
- * Similar training may be available at a community college.

Typical 9th grade schedule at Torrey Pines

All year long courses - 1st Semester/2nd Semester

- * English
- * Math - (see TP Math flyer for details)
- * Science
- * World Language or a Visual Performing Art
- * Year 1 PE
- * Career Technology (CTE)
- * (Possible 3rd Elective - 7th Period option)
- * *More details in High School presentations*

Typical 9th Grade Schedule at Canyon Crest Academy

Fall Term		Spring Term	
1 st Quarter = 1 st Semester 2nd Quarter = 2 nd Semester		3 rd Quarter = 1 st Semester 4 th Quarter = 2 nd Semester	
English 9	English 9	Integrated Math 1	Integrated Math 1
Science	Science	Elective	Elective
Elective	Elective	Elective	Elective
Year One PE	Year One PE	PE Elective	PE Elective

Is My Child Ready For Honors?

When considering whether to enroll in an honors class, consider....

- *Is my child highly interested in and motivated to excel in this subject? Is this their **PASSION**??
- *Does my child have an exceptional work ethic, self motivation and are they an independent learner?
- *Can my child handle the rigor of this class along with all his/her other time commitments?

Advanced Placement Courses

- * The Advanced Placement (AP) Program allows students to take college level courses while still in high school.
- * AP classes are given weighted credit for GPA calculation.
- * Students can accrue some college credits while in high school.
- * Note that 9th graders will not be enrolling in AP classes.

High School Selection

All 8th grade students must declare a high school choice on the District Website by March 6, 2017 at 4:00 pm. (Selection window opens February 6, 2017 at 8:00am).

*Acceptance to the Academies is by lottery (if necessary) on March 16, 2017.

*To make an informed decision, please attend the *Choice* nights at any schools you are considering. See the District Website for information.

Beyond High School

- * We recommend that students plan coursework to prepare for college entrance.
- * Many required subjects for **Graduation** overlap with college entrance requirements.
- * Students may consider taking a World Language in middle school but should begin by 9th grade.
- * **Students should work towards achieving balance between academics, extracurricular activities and other commitments.**

Living a Well-Balanced Life

We shared this with students

- *Pursue the activities and passions that are important to you
- *Take care of yourself... get enough sleep, eat nutritious food and exercise regularly
- *Be real... keep things in perspective... Be Resilient...
- *Surround yourself with people who bring out your best
- *Unplug once in a while – Take some “Me time”
- *Learn effective time management skills to balance your class, extracurricular activities and family/friends

***BALANCE**

When Your student is in High School...

- * When your child is in high school, attend college information presentations/college fairs
- * Visit college campuses. Talk to neighbors, relatives or friends with students in college to learn about their experiences.
- * Research college scholarship opportunities.
- * Take advantage of Naviance for college planning.

Helpful Websites

- * For district and school info, start at www.sduhsd.net – look at individual school information or district links.
- * To explore colleges in California, try California Colleges, which has a wealth of college planning information: www.californiacolleges.edu
- * Another useful website for college information: <http://www.collegeboard.org>
- * An interesting You Tube Video- **Success in the New Economy**
<https://www.youtube.com/watch?v=zs6nQpVI164>
- * “Like” your high school and SDUHSD on Facebook and Follow them on Twitter.